

white. 1641.

A New Almanacke and
Prognostication, for the
yeare of our Lord God,

1641.

Being the first after the *Bissextile*
or Leape-yeare.

Calculated for the Meridian of
the most Honourable Cittie of
LONDON, and will serue ge-
nerally for the Monarchy of
Great BRITAIN.

By JOHN WHITE, Wel-
willer to the Mathemat.

LONDON.

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pany of STATIONERS

The common Notes and moveable Feasts

For this Yeere

1641

For the next.

1642

8	The golden number	9
26	The Circle of the Sun	27
28	The Easter	9
29	The Dominicall letter	28
8	The Roman Indiction	9
7 March.	Shrove Sunday.	February 10
25 April	Easter day	April 10
30 May	Rogation Sunday	May 15
3 June	Ascencion day	May 19
3 June	Whitsunday	May 29
18 November	Advent Sunday.	Novemb. 27

Physicall Elections.

Take	Humits	The Moon	Mer
	Gitters		Yule
	Gargarismes		S. V.
	Preparatives		Or
	Stop Rhumes and fluxes		Plenus
	Purge by needling		S. xvij

Fit times for blood-letting.

The **Danguine** from the new moone to the first quarter.
 The **Choleriche**, from the first quarter to the full.
 The **Flegmatiche**, from the full to the last quarter.
 The **Melancholy**, from the last quarter to the change.

Dangerous times for blood-letting.

In the heate of **Summer**, or cold of **Winter**, or when
 the **Moone** is in the **Vigne** which governeth that part
 of the body you would let blood; Also within two dayes
 of the **change**, or full of the **Moone**.

The beginning and ending of the Terme, with their
 Returns and Essoyne dayes, dayes of Exception,
 Returns Brevium, and dayes of Appearance,
 for this yeare, 1641.

Retorne dayes, or dayes of Essoyne.	Dayes of Exception.	Returns Brevium.	Dayes of Appearance.
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Hillary Terme beginneth the 23. of January, and endeth the 12. of February, and hath four Returns.

Octa. Hillar.	Janu. 20	Janua. 21	Janua. 22	Janua. 23
Quind. Hillar.	Janu. 27	Janua. 28	Janua. 29	Janua. 30
Craft. Purif.	Febr. 3	Febr. 4	Febr. 5.	Febr. 6
Octa. Purif.	Febr. 10	Febr. 11	Febr. 12	Febr. 12

Easter Terme beginneth the 12. of May, and endeth the 7. of June, and hath five Returns.

Quind. Pasch.	May 10	May 11	May 12	May 13
Tres Pasch.	May 17	May 17	May 18	May 19
Mense Pasch.	May 24	May 24	May 25	May 25
Quinq; Pasch.	May 3	Jane 1	June 2	June 2
Craft. Ascen.	June 4	June 5	June 7	June 7

Trinitie Terme beginneth the 25. of June, and endeth the 14. of July, and hath four Returns.

Craft. Trin.	June 21	June 22	June 23	June 25
Octa. Trin.	June 28	June 29	June 30	July 1
Quind. Trin.	July 5	July 6	July 7	July 8
Tres Trin.	July 12	July 12	July 13	July 14

Michaelmas Terme beginneth the 9. of October, and endeth the 29. of November, and hath 8. Returns.

Octab. Mich.	Octob. 6	Octob. 7	Octob. 8	Octob. 9
Quind. Mich.	Octo. 13	Octob. 14	Octob. 15	Octob. 16
Tres Mich.	Octo. 20	Octob. 21	Octob. 22	Octob. 23
Mense Mich.	Octo. 27	Octob. 28	Octob. 29	Octob. 30
Craft. Anima.	Nov. 2	Novem. 3	Novem. 4	Novem. 5
Craft. Mart.	Nov. 12	Novem. 13	Novem. 15	Novem. 15
Octab. Mart.	Nov. 18	Novem. 19	Novem. 21	Novem. 21
Quind. Mart.	Nov. 25	Novem. 27	Novem. 29	Novem. 29

The Anatomy of Mans Body, as the parts thereof
are governed by the 12. Celestiall Signes.

Aries, Head and Face.

Taurus,
Necke and
throate.
Cancer,
Breast,
Stomack,
and ribs.
Virgo,
Bowels,
and belly.
Scorpio
Secret
members
Capricorn
Knees.



Gemeni
Armes &
shoulders
Leo,
Heart &
back.
Libra,
Reynes &
lynes.
Sagittarii,
Thighes
Aquarius,
Legs.

Pilces, the Feet.

Bold fierce Aries ruleth Head and Face,
In Necke and Throate doth Taurus challenge place:
The twining Gemini's, governe Armes and Hands,
The West and Stomacke Cancer she commands.
Then lusty Leo hath the Wacke and Heart,
Bowels and Belly they are Virgo's part:
In Lyynes and Reynes is Libra's liberties,
And Scorpio rules the Stones and Privities.
The Thighes and Hanch is Sagittarius song,
And both the Knees to Capricorne belong:
Aquarius makes the Legges much aches feele,
And Pilces rules the feete from Toe to Heele.

January hath xxxi. daies.

Warne meates and clothes this month are good,
Take heed of Bathes and letting blood.

1. Day Sun riseth at 8. and 1. min. sets at 3. and 59. min.
15. Day Sun riseth at 7. and 43. min. sets at 4. and 17. min.

a	New years da.	Knees.	11	d
b	Dot. Steph.	Legges.	12	e
C	Dot. John	Legges.	13	f
d	Dot. Innoc.	Legges.	14	g
e	Edward dep.	feete.	15	a
f	Twelte day.	feete.	16	b
g	Felix & Jan.	Head and face.	17	c
a	Lucian	Becke	18	d
b	Joyce virg.	and	19	e
C	Paul i. her.	throate.	20	f
d	Sol in Aquar.	Urnes	21	g
e	Archadus	and	22	a
f	Hillary bish.	hands.	23	b
g	Wed. com. in.	Wreast and	24	c
a	Maurice bbb	Stomacke.	25	d
b	Marcel. bish.	Heart and	26	e
C	Anthony dep.	backe.	27	f
d	Prisca virg.	Belly and	28	g
e	Wolstan bish.	bowels.	29	a
f	Lab. & Heb.	Lernes and	30	b
g	Bgenes virg.	reines.	31	c
a	Vincent mar.	Secrets &	1	d
b	Terme begins	bladder.	2	e
C	Timothy bish.	Thighes &	3	f
d	Corb. of Paul	hanches.	4	g
e	Policarp. bish.	Knees.	5	a
f	Agnes the 2.	Knees.	6	b
g	Valerius bish	Knees.	7	c
a	Theodo. pr.	Knees.	8	d
b	Batild. Qu.	Legges.	9	e
C	Deturme	Legges.	10	f

February hath xxvij. dayes.

Milke, Herbes and Fennish fowle deny;
Purge not, nor use Phlebotomie.

1. Day Sun riseth at 7. and 13. min. sets at 4. and 47. min
15. Day Sun riseth at 6. and 46. min. sets at 5. and 14. min

1	d	W ⁱ dget faste.	11	g
2	e	Purific. Mary	12	a
3	f	Blase bish.	13	b
4	g	Gilbert bish.	14	c
5	a	Agathe vir.	15	d
6	b	Dorothe. vir.	16	e
7	c	Angule bi.	17	f
8	d	Paul bish.	18	g
9	e	Apolina vir.	19	a
10	f	Sol in Pisces	20	b
11	g	Wotheris bi.	21	c
12	a	Cerne ends	22	d
13	b	Wolstan bi.	23	e
14	c	Valentine	24	f
15	d	Faustin & Jo.	25	g
16	e	Julian vir.	26	a
17	f	Germani	27	b
18	g	Hugh bish.	28	c
19	a	Simeon	1	d
20	b	Widred vir.	2	e
21	c	Leptuage snti	3	f
22	d	Wed goes on	4	g
23	e	Policarp fast	5	a
24	f	S. Mathias	6	b
25	g	Victorine	7	c
26	a	Invent. Paul	8	d
27	b	Meloz mart.	9	e
28	c	Augustine bi.	10	f

S. Mathias falleth on the 25. day of this moneth when
it is Leape-peere, the other 2. yeeres on the 24. 15.

March hath xxxij. daves.

Grosse meates doe hurt, use foode that's fine.
Let blood, and take some medecine.

1. Day Sun riseth at 6. and 18. min. sets at 5. and 42. min.
15. Day Sun riseth at 5. and 50. min. sets at 6. and 10. min.

1. b	David bishop	Feete.	11. f
2. e	Chad bishop	Feete.	12. a
3. f	Maurice	Head	13. b
4. g	Dorian	and face.	14. c
5. a	focas & Eu	Hecke and	15. d
6. b	Victor & Vic.	throate.	16. e
7. C	Shrode luno.	Armes &	17. f
8. d	Felix Mart.	hands.	18. g
9. e	40. Martyrs	Breast	19. a
10. f	Ashwednesday	and Comacke.	20. b
11. g	Sol in Aries	Heart and	21. c
12. a	Gregory	backe.	22. d
13. b	Theodore	Welly and	23. e
14. C	Quadragesi	bowels.	24. f
15. d	Longine	Loines and	25. g
16. e	Bonifacē bt.	reines.	26. a
17. f	Patricke	Secrets &	27. b
18. g	R. Edward	bladder.	28. c
19. a	Emver w.ck	Thighes &	29. d
20. b	Cuthbert	hanches.	30. e
21. C	Benedict	Knees.	31. f
22. d	Utradoſe	Knees.	32. g
23. e	Theodore	Legges.	33. a
24. f	Agapite fast	Legges.	34. b
25. g	Annunc. Mary	Legges.	35. c
26. a	Castor mart.	Legges.	36. d
27. b	Unit Reg. Care	Feet.	37. e
28. C	Dorothie	Feete.	38. f
29. d	Quintine	Head and	39. g
30. e	Quirine	Face.	40. a
31. f	Unguine hch.		

New Moone

the 1. day, 3
quarters past
1, in the mor-
ning.

First quarter
the 9. day, 3
quarters past
4. in the
morning.

Full Moone
the 16. day,
halfe an houre
past 12, at
noone.

Last quarter
the 22. day, at
6. at night.

New Moone
the 31. day, a
quarter of an
houre past 7, 9
at night

April hath xxx. daies.

The blood being hot, coole hearbes now use,
And March his precepts not refuse.

1. Day Sun riseth at 5. and 16. min. sets at 6. and 44. min.
15. Day Sun riseth at 4. and 51. min. sets at 7. and 9. min.

1	g	Gildard	face.	11	c
2	a	Mary Egypt	Necke &	12	d
3	b	Richard bish.	throate.	13	e
4	c	Amberose bish.	Primes	14	f
5	d	Vincent con.	and	15	g
6	e	Hexens bish.	hands.	16	a
7	f	Euphémie	Beaste &	17	b
8	g	Egesippus	Stomacke.	18	c
9	a	Perpetuus	Heart and	19	d
10	b	Jol in Taurus	backe.	20	e
11	c	Guthlate	Belly and	21	f
12	d	Julius bish.	bowels.	22	g
13	e	Zenon bish.	Poines and	23	a
14	f	Olyffe	reines.	24	b
15	g	Oswald arch	Secrets &	25	c
16	a	Ildoze bish.	bladder.	26	d
17	b	Unicete	Thighes &	27	e
18	c	Elmhert bish	hanches.	28	f
19	d	Alphege	Knees.	29	g
20	e	Victor bish.	Knees.	30	a
21	f	Huncon	Knees.	1	b
22	g	Soither vir.	Legges.	2	c
23	a	S. George	Legges.	3	d
24	b	Wilfride fashi	Feete,	4	e
25	c	Easter day	S. Marke Ev.	5	f
26	d	Tete	Head	6	g
27	e	Anastasius	and	7	a
28	f	Victalis	face	8	b
29	g	Weter mill.	Necke and	9	c
30	a	Erkenwald.	throate	10	d

First quarter
the 7. day,
halfe an houre
past 5. in the
afternoone.

Full Moone
the 14. day,
at 3. in the
morning.

Last quarter
the 21. day,
halfe an houre
past 7. in the
morning.

New Moone
the 30. day
halfe an houre
past 11. at
neone.

May hath xxxi. daies.

Put Sage in drinke, drinke Worme-wood-wine,
Use Physickes helpe, walke mornings fine.

1. Day Sun riseth at 4. and 23. min. sets at 7. and 37. min.
13. Day Sun riseth at 4. and 4. min. sets at 7. and 56. min.

b	Phil. & Jacob	thoate.	11	e
C	Low Sunday	Armes and	12	f
d	Wed. coms in	hands.	13	g
e	Christopher	Breast &	14	a
f	Goddard	stomacke.	15	b
g	John port. lat	Heart and	16	c
a	John Beverl	backe.	17	d
b	Appa. Mich.	belly.	18	e
C	Trans. Mich.	and	19	f
d	Godtan	Bowels	20	g
e	Sol. in Gem.	Loines and	21	a
f	Terme begin.	reines.	22	b
g	Gerbat.	Secrets &	23	c
a	Wontace	bladder.	24	d
b	Ilidoze	Thighes &	25	e
C	Brandon bish	hanches.	26	f
d	Bernard tran	Knees.	27	g
e	Discor. mar.	Knees.	28	a
f	Dunstan con.	Legges.	29	b
g	Bernardine	Legges.	30	c
a	Ellen Maeen	feete.	31	d
b	Julian virg.	feete.	1	e
C	Desderit	feete.	2	f
d	Fran. tran	Head and	3	g
e	Idelme bish.	face.	4	a
f	Bede pr.	Hecke	5	b
g	Germane	and	6	c
a	Corzone bish.	throate	7	d
b	Nichonete	Armes and	8	e
C	Bogation sun	bands.	9	f
d	Wed. goes out	Wicke	10	g

First quarter
the 7. day, 3.
quarters past
2. in the moz-
ning.

Full Moone
the 14. day,
at 5. in the
evening.

Last quarter
the 21. day, a
quarter past
11. at night.

New Moone
the 19. day,
halfe an houre
past 1. in the
morning.

June hath xxx. Dayes.

Let Physicke goe, coole hearbes now take,
Sweete drinke and Venus now forfake.

1. Day Sun riseth at 3. and 50. min. sets at 8. and 10. min.
15. Day Sun riseth at 3. and 47. min. sets at 8. and 13. min.

1	c	Nichomede	Wrest and	11	a
2	f	Marcellus fa	Stomacke.	12	b
3	g	Ascencion day	Heart and	13	c
4	a	Petrosius	backe.	14	d
5	b	Bonifacius	Belly and	15	e
6	C	Meloni us	bowels.	16	f
7	d	Terme ends	Loines &	17	g
8	e	Edmund tra.	reines.	18	a
9	f	Medard	Secrets &	19	b
10	g	Inas confel.	bladder.	20	c
11	a	Barnabe ab.	Thighes &	21	d
12	b	Sol in Cancer	hanches.	22	e
13	C	Whitsunday	Knees.	23	f
14	d	Wall bishop	Knees.	24	g
15	e	Modebus	Legges.	25	a
16	f	Ember week	Legges.	26	b
17	g	Botulph	Legges.	27	c
18	a	Exuperius	Feete.	28	d
19	b	Med. com. in.	Feete.	29	e
20	C	Trinity sund.	Head	30	f
21	d	Malburge	and	1	g
22	e	Ilban Mat.	face.	2	a
23	f	Etheld. cau.	Necke &	3	b
24	g	S. John Bap.	throate.	4	c
25	a	Terme begins	Armes and	5	d
26	b	John & Paul	hands.	6	e
27	C	Crescence	Wrest	7	f
28	d	Leontis fau.	and	8	g
29	e	S.Peter	Stomacke.	9	a
30	f	Con. of Paul	Heart	10	b

First quarter
the 6. day, a
quarter past
9. in the mor-
ning.

full Moone
the 12. day, at
2. in the mor-
ning.

Last quarter
the 20. day,
at 4. in the
afternoone.

New Moone
the 28. day,
at 2. after-
noone.

July hath xxxj. dayes.

Use Sallets fresh to coole the heate,
And bath in Springs to cleanse the sweate.

1. Day Sun riseth at 3. and 56. min. sets at 8. and 4. min.
15. Day Sun riseth at 4. and 12. min. sets at 7. and 48. min

8	Oct. Joh. Wa.	backe.	11	c
9	Wist. of Ma.	Belly and bowels.	12	d
10	Tran. Tho.	Loynes and reines.	13	e
11	Martin tran.	Secrets & bladder.	14	f
12	Zoe Wirg.	Thighes & hanches.	15	g
13	Octa. of Pet.	Knees.	16	a
14	Thomas tra.	Knees.	17	b
15	Grimbald	Legges.	18	c
16	Ciril bish.	Legges.	19	d
17	7. Brethren	Feete.	20	e
18	Benedict	Feete.	21	f
19	Faboz & fe.	Head and face.	22	g
20	Sol in Lco	Hecke & throate	23	a
21	Terme ends	Armes and hands.	24	b
22	Swithin.	Breast and stomacke.	25	c
23	Osmond	Heart & backe.	26	d
24	Renelme	Belly and bowels.	27	e
25	Brnulph	Loynes	28	f
26	Dog. dat. beg.		29	g
27	Margaret		30	a
28	Praxed		31	b
29	Mary Mag.		1	c
30	Apoline		2	d
31	Christin fast		3	e
32	S. James Ap.		4	f
33	In. Ma. mo.		5	g
34	7. Dicopers		6	a
35	Hampson bi.		7	b
36	Felix & fel.		8	c
37	Abdon		9	d
38	Germane		10	e

August hath xxxi. daies.

Fly Physieke and Phlebotomie,
Eschew cold Bathes and Venerie.

1. Day Sun riseth at 4. and 38. min. sets at 7. and 22. min.
15. Day Sun riseth at 5. and 4. min. sets at 6. and 56. min.

1	C	Lammas day	Reines.	11	F
2	D	Steph. mar.	Secrets and bladder.	12	G
3	E	Inv. Steph.	Thighes & hanches,	13	A
4	F	Justin. pzi.	Knees.	14	B
5	G	Oswald	Knees.	15	C
6	A	Transf. Dom	Legges.	16	D
7	B	Feast of Iesu	Legges.	17	E
8	C	Cirache	Feete.	18	F
9	D	Roman mart.	Feete.	19	G
10	E	Lawrence m.	Feete.	20	A
11	F	Eburt mar.	Head & face.	21	B
12	G	Claire Virg.	Necke	22	C
13	A	Sol in vi. go	and throate.	23	D
14	B	Eusebtius	Armes and hands.	24	E
15	C	Assum. Mar.	Breast & Stomacke.	25	F
16	D	Wochus mar.	Heart	26	G
17	E	Oc. Law.	and backe.	27	A
18	F	Agapite	Belly and bowels.	28	B
19	G	Magnus	Loines and reines	29	C
20	A	Lewes	Secrets & bladder.	30	D
21	B	Bernard		31	E
22	C	Primitivus		1	F
23	D	Timoth. fall.		2	G
24	E	Bartholom. A.		3	A
25	F	Lodowiccius		4	B
26	G	Severine		5	C
27	A	Ruffinus		6	D
28	B	Augustine bi		7	E
29	C	Dog daies end		8	F
30	D	Felix & Iudz.		9	G
31	E	Gaultinus		10	A

September hath xxx. daies.

Now drinke Goates milke, on ripe fruits feede;
(If neede require) Purge, Bath and Bleed.

1. Day Sun riseth at 5. and 37. min. sets at 6. and 23. min.
15. Day Sun riseth at 6. and 4. min. sets at 5. and 56. min.

f	Giles Abbat	Thighes & hanches.	11	b
g	Anthony	Knees.	12	c
a	Gregory	Knees.	13	d
b	Cuthbert	Knees.	14	e
C	Bertine	Legges.	15	f
d	Eugenius	Legges.	16	g
e	Emurcius	Legges.	17	a
f	Pat. of Mary	Feete.	18	b
g	Gorgonius	Feete.	19	c
h	Silvius	Head and face.	20	d
i	Prothus	Hecke and thzoate.	21	e
j	Martian	Armes and hands.	22	f
k	Sol in Libra	Wrest and stomacke.	23	g
l	Holy Crosse	Heart and backe.	24	a
m	Ember weeke	Belly and bowels.	25	b
n	Edith virg.	Loines and reines.	26	c
o	Hugh	Serrets & bladder.	27	d
p	Victor & Cor.	Thighes & hanches.	28	e
q	January ma.	Knees.	29	f
r	Gustace tis.		30	g
s	Mathew Ev.		1	a
t	Maerictius		2	b
u	Tecla vir.		3	c
v	Undoche		4	d
w	Firmin		5	e
x	Ciprian		6	f
y	Cosm. & Da.		7	g
z	Exeup.		8	a
aa	Michael.Arch		9	b
bb	Hierome pr.		10	c

First quarter
the 1. day, a
quarter past 12
at mid=night.

Full Moone
the 9. day, at
3. afternoone.

Last quarter
the 17. day, at
7. at night.

New Moone
the 24. day, at
at 7. at night.

October hath xxxij. Dayes.

Strong Wine, hot Bathes, and spice that's good,
Preserves our health; purge, and let blood.

1. Day Sun riseth at 6. and 36. min. sets at 5. and 24. min.
15. Day Sun riseth at 7. and 2. min. sets at 4. and 57. min.

1	a	Bemigius	Knees.	11	1
2	b	Leodegarius	Legges.	12	1
3	c	Candide	Legges.	13	1
4	d	Francis	Legges.	14	1
5	e	Apollinary	Feete.	15	1
6	f	Faith virg.	Feete.	16	1
7	g	Marc. & Mar.	Head	17	1
8	a	Helagius	and face.	18	1
9	b	Termi begins	Necke and	19	1
10	c	Cereon & El.	throate.	20	1
11	d	Nicassius	Armes	21	1
12	e	Wilfride	and hands.	22	1
13	f	Sol in Scorpio	Breast and	23	1
14	g	Talietus	Stomacke	24	1
15	a	Wolfran	Heart and	25	1
16	b	Wtchaelmon.	backe.	26	1
17	c	Etheldred	Belly	27	1
18	d	S.Luke Evang	and bowels.	28	1
19	e	Frideswide	Loines and	29	1
20	f	Alstebert	reines.	30	1
21	g	11000. Virg.	Secrets &	31	1
22	a	Mary Sol.	bladder.	1	1
23	b	Romanus	Thighes &	2	1
24	c	Maglorie	hanches.	3	1
25	d	Triss. & Trisly.	Knees.	4	1
26	e	Ursula	Knees.	5	1
27	f	Florence fast	Legges.	6	1
28	g	Simon & Jude	Legg. s.	7	1
29	a	Marcilius		8	1
30	b	Fermane		9	1
31	c	Quintin. fast.		10	1

First quarter
the 1. day, 3.
quarters past
9. in the morn-
ing,

Full Moone
the 8. day, 3
quarters past
7. in the morn-
ing.

Last quarter
the 17. day, at
10 in the
morning.

New Moone
the 23. day,
at 4. in the
morning.

First quarter
the 3. day,
a quarter past
11. at night.

November hath xxx. Dayes.

From cold preserve thy head and feete,
Abstaine from wine that's new and sweete.

1. Day Sun riseth at 7. and 34. min. sets at 4. and 26. min.
15. Day Sun riseth at 7. and 55. min. sets at 4. and 5. min.

11	11	g
12	12	a
13	13	b
14	14	c
15	15	d
16	16	e
17	17	f
18	18	g
19	19	a
20	20	b
21	21	c
22	22	d
23	23	e
24	24	f
25	25	g
26	26	a
27	27	b
28	28	c
29	29	d
30	30	e
		f
		g
		a
		b
		c
		d
		e
		f
		g

feete.
feete.
feete.
head &
face.
Necke
and
throate.
Armes
and
hands.
Breast and
Somacke.
Heart and
backe.
Belly &
bowels.
Loines and
reines.
Secrets &
bladder.
Thighes &
hanches.
Knees.
Knees.
Legges.
Legges.
feete.
Dieo. goout.
feete.

Full Moone
the 7. day,
at 2. in the
morning.

Last quarter
the 15. day, at
11. at night,

Half Moone
the 22. day, at
2. afternoone.

First quarter
the 29. day, a
quarter past
4. in the eve-
ning.

December hath xxxi. daies.

Use meates that's warme, hot spice and wine,
Invite the Poore to sup and dine.

i. Day Sun riseth at 8. and 10. min. sets at 3. and 50. min.
15. Day Sun riseth at 8. and 13. min. sets at 3. and 47. min.

1	f	Eusegi. bisho	Head	11	b
2	g	Libanus ma.	and face.	12	c
3	a	Depo. of Os.		13	d
4	b	Barbara	Necke and throate.	14	e
5	C	Habbe bish.	Armes	15	f
6	d	Nicholas	and hands.	16	g
7	e	Ambrose	Wrest and stomacke.	17	a
8	f	Conc. of Ma.	Heart	18	b
9	g	Cyprian	and backe.	19	c
10	a	Eulalite	Belly and bowels.	20	d
11	b	Damase bish.	Loines and reines.	21	e
12	C	Sol in Capri.	Seeters & Bladder.	22	f
13	d	Lycte	Thighes & hanches.	23	g
14	e	Otholte	Knees.	24	a
15	f	Ember weeke	Knees.	25	b
16	g	O sapientia	Legges.	26	c
17	a	Lazarus	Legges.	27	d
18	b	Gratian bish.	Feete.	28	e
19	C	Menessa virg.	Feete.	29	f
20	d	Julian fall	Head & face.	30	g
21	e	Thomas Apo.	Necke.	1.	a
22	f	20. Martyrs		b	b
23	g	Victor virg.		2	c
24	a	Candide fall		3	d
25	b	Christmas d.		4	e
26	C	S. Stephen.		5	f
27	d	S. John Evan		6	g
28	e	Innocents		7	a
29	f	Thom. Beck.		8	b
30	g	James trans.		9	c
31	a	Silvester		10	d

Full Moone
the 7 day
hafe an houre
past 8 at
night.

Last quarter
the 15. day, a
quarter past
9. in the morn-
ing.

New Moone
the 21. day, at
1. in the morn-
ing.

First quarter
the 29. day, at
12. at noone

WHITE. 1641.

A Prognostication for
this yearē of our Lord
God. 1641.

Being the first after *Bissextile*,
or Leape-yeare.

VWherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the inclinati-
on of the Weather for evry Quar-
ter of the Moone through-
out the whole Yeare.

With certain bri fe notes concerning the
yeare and the parts thereof, with other generall
Rules.

*With other things fit to be known, both
pleasant and profitable.*

And at the end of the booke, is the whole
*Almanacke, conteyned in one Leaf, for this
Yeare 1641.* which bein? cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By *John White, Well-willer to the Mathematisches.*

LONDON,
Printed by *J. R.* for the Company
of Stationers. 1641.

A Chronologic or Computation of yeeres
to this present yeere. 1641.

Since the Creation of the World to this yeare	5590
Since the Flood	3934
Since London was built	3749
Since Yorke was built	2607
Since Rome was built	2391
Since the destruction of Ierusalem	1570
Since England first received the Christian Fayth	1461
Since the Conquest of England by Duke William	575
Since S. Paules Church in London was built	555
Since London bridge was built with stone	465
Since the first Lord Mayor of London	450
Since the Order of the Knights of the Garter	297
Since the Invention of Gunnes	261
Since the Art of Printing was inuented	181
Since King Henry the 8. conquered Bulloyn	96
Since the first use of Coaches in England	86
Since the burning of Paules steeple	83
Since the Royall Exchange was built	76
Since the Earles rebellion in the North	72
Since the blasting Starre, and sharpe Winter	69
Since the Massacre in France	69
Since the Whole Heavens seemed to burne with Fire	67
Since the former deepe Snow	63
Since the generall Earthquake	61
Since Tobacco was first used in England	56
Since the Camp at Tilbury in Essex	53
Since the greate Plague in London	38
Since the Gunpowder Treason	36
Since the former great Frost	33
Since the death of Prince Henrie	29
Since the former deepe Snow	26
Since his last Blasing-starre	23
Since the Watelles returne from Spaine	18
Since the fall at Blackfryers	18
Since his Watelles proclaminge	16
Since Prince Charles was borne	11

*A briefe Declaration of the
Disposition of the fourt Quar-
ters of this Yeare.*

And first of Winter.

The Winter Quarter best doth prophesize
To all Degrees, and Sexes, their estate.

Sol in Capricorne, Aquarius, Pisces.

He Winter Quarter (as saith the ancient Astro-
nomers) began the last year 1640, upon
Saturday being the 12. of December; upon
which day the Sun made his first entrance
into the first degree of the Hyernal Signe of
Capricorne, which Quarter doth end this
year 1641, upon the 11. day of March, being Thursday;
in which space of time the Sun makith his passage through
these three Winterly Signes, Capricorne, Aquarius, and Pisces.

The naturall quality of this Quarter is to be cold and moist, (of contrary quality to the Summer) and is of the Phlegmatick Complexion, which humor doth most predominate in our bodies from thence of the Clocke in the afternoone, till ir. of the cloche at night. Now doe the sea-rost Mariners endure many a storme on the raging Ocean; the Winds are strong and high, making the billowes of the Sea to foam and swell: The Floods are at highest, the Ayre coldest, the Dayes shortest, and Nighes loudest, and the strength and vigour of every Creature decayeth. The partes of the Earth are now enclosed and shut up by the extreme coldnesse of the Ayre: Fowles get them to the warmest Regions, Beasts seek for a shelter, Serpents bereave them to their dens, and the Fishes get into the deepest of the waters for their warmth and comfort: And whatsoever the cherrfull Spring and comfortable Summer did produce and nourish, this Quarter doth destroy and banish. The colder and drier the Winter is, it is the most wholesome for Man

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and Beast: yet too much cold killeth Plants & Trees by a cold Climate: A moist and warme Winter is an enemy to Man, but a friend to Husbandry; and indifferent store of Snow doth cover the Earth, and preseruest Cope. Now for the preservation of our healths, it is fit that we shold use such meats whose operation are of a hot and dry qualitie, expelling the cold & unwholesome ayre with good fires, warme Woathes, comfortable Drincks, and strong Selmes: Being carefull to keep thy Head & Feet from cold & wet: But yet can the body digest more gross and strong Meats then in Summer, by reason that the naturall heat is driven (by the coldnes of the ayre) into the inward parts of the body, to comfort the hidde Spirts, & to helpe digestion.

The usuall Diseases of this Quarter, are these (or the like) as Rheumes, Conghes, Poles, Pallies, Colters, Angers, Gore Eyes, Catchers, Crampes, Tooth-ach, Sciatices, Fluxes, &c.

Of the Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Virtue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring Quarter is the most comfortable of all the year, and taketh its beginning when the gloriouse and resplendent Sunne entereth into the first degree of the first Equinoctiall Signe Aries, which is upon Thursday being the vi. of March, & continueth till Saturday the vi. of June, in which space of time the Sunne maketh his revolution through these three Vernall Signes, Aries, Taurus, Gemini.

The proper condition of this Quarter is hot and moist, participating of the Sanguine complexion: which humour hath most predomination from nine a Clocke at night, till nine of the Clocke in the morning. Soo are the dayes and nightes of an equall length, and the cheerfull Sunne serueth to smile upon the face of the new reconquered Earth, causing it to produce all kinde of varieties to our Senses. This of all the other Quarters of the yeare, is the most pleasant and wholesome;

now, & being the most convenient time to ransome Diseases of a long continuall, and to prevent those which are like to ensue. Now doe the Beasts of the ayre couple and breed, Beasts of the Earth increase, and the Fishes of the Waters doe multiply in abundance, forsaking the Deeps to liue in more shallow places: And now the Earth bringeth forth all sorts of Flowers, bowers, Fruites and Plants, for the needfull use of Man and Beest. The Sping ouer-ward increaseth Motes, causing Fruites to be scarce and rotten. It is fitting (for the preservation of our healths) that we now use such Meates as are of a cold and drye qualitie: and let your Drinke be more coolle & small then in winter: And now (if need require) is the best time to Surge, Bathe, Bleede, and Sweat.

The usuall Infirmities of this Quarter, are Smal-pocks, Bellies, Scabbes, Pustules in the face, Rungs, scull, Signes, Fauces, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe stresse and lusty yeares,
The ripening Summer Quarter best appears.*

Sol in Cancer, Leo, Virgo.

The Summer Quarter both beginne when the scorching Sun entereth into the first degree of the Southernne Tropicke of Cancer, which is upon Saturday the 22 of June, and both continue till Monday the 22. of September, in which space of time hee passeth through these three Solstitiall Signes, Cancer, Leo, Virgo.

The naturall condition of this Quarter is to be hot & dry, taking part of the Cholerike Complexion, which humours are chiefly governe from 3. of the Clock in the morning till 9. before noone. Sunnes at the Sunne at the highest, causing the day to be at the longest, and nights shortest. Heate is at the highest, fлооds at the lowest, seas most quiet, and the Weather most calme: And now is the beautifull Earth cloathed in her most empytery, imparting of her stoe to all sensible Creas-

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green for their use and comfort: Flower are in these beautie, and Fruites in their delicate; and the painfull Bees gather their Honey for their future sustenance: For the naturall heat is dispersed abroad unto the outward parts of the Body, so Man is not so hot within as in Winter, neither can hee digest such grosse and strong Meates, as then; yet the most small and coole Drankes are most convenient for our healths, and little store of Meates doeth best suffice Nature, and those which bee boyled are most wholesome, and use such things as are of a cold and moist qualtie: An over-wet Sommer rotteth Fruites, and destroyeth Cōme.

The SICKNESSES and DISEASES of this Quarter, are Feters, Pestilence, Jaundies, Agues, paine in the Head and Belly, &c.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumnne stealest the sappe from Thee and Flower,
So Death comes creeping neerer every houre.*

Sol in Libra, Scorpio, Sagittarij.

Autumne or Haruest, (commonly called the soyl of the Leaf) beginneth when the Sun entereth into the first degree of Libra, which is upon Sunday the xii. of September, and endeth upon Sunday the xii. of December: where he maketh the second Equinactiall, in which time hee maketh his passage through these three Autumnnall Signes, Libra, Scorpio, Sagittarij.

The usuall condition of this Quarter is to be cold and dry, participating most of the Melancholy complexion, which humor doth chieftly govern from ix. of the Cloke in the Morning, till 3. in the afternoone. The dayes are now againe equally ballanced with the nightes; the Grass is mowed, Cōys reaped, Fruites gathered, and the painfull Husband-mans reaped the profit of his forspasted labours: Now doeth the Earth loose the beaute of her former glorie, Flowers fade, Leaves do fall, Floods increase, and all Creatures loose their former strenght & vigour, and the most part of sensible Creatures rebe-

Whire. 1641.

Wetter against the storme ensuing winter: Of all the
Quarters of the year this is the most unwholsome, bring-
ing diseases of divers kinds in our bodies: therefore beware of
morning and evening cold, & use such things as are of a hot
unwholsome quality: It is now a time (if need require) to Purge,
Bath, and Bleed: Autumne being over, wet purifieth Grapes,
making bad Wines, and scarcity of Fruite.

The diseases and sicknesse of this Quarter are many, as these
are the like: the Stone, paine in the Backe and Ristnes, sore
Eyes, Melancholy, Falling-sicknesse, Agues, Fluxes of Blood,
Scoliosis, Crimsons, Spleene, &c.



A briefe Declaration of the disposi- tion of the weather for every Quar- ter of the Moone, for this Yeare,

1641.

January.

New Moone on Friday the i. day, at three of the clocke
in the afternoone, frost

First Quarter on Saturday, the x. day, a quarter past iii.
of the clocke in the Evening, Fairie.

Full Moone on Saturday, the xvi. day, a quarter past iii.
of the clocke in the Morning, Indifferente.

Last Quarter on Saturday the xxii. day, a quarter past iii.
in the Morning, Wet.

New Moone on Saturday, the xxx. day, at viii. of the
clocke in the Morning, Windy.

February.

First Quarter on Monday the viii. day, at viii. of the clocke
Moone, Frost.

Full Moone on Monday the xv. day, at iii. of the clocke in
the afternoone, Frost.

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Last Quarter on Sunday the xii. day, at vi, the clocke in the morning, wondry and wet.

March.

New Moone on Monday the first day, 5 quarters of an hour past i. of the clocke in the morning, faire.

First Quarter on Tuesday the ii. day, 2 quarters of an hour past iii. of the clocke in the morning, wondry.

Full Moone on Tuesday the xvi. day, halfe an houre past vi. of the clocke at noon, Indifferent.

Last Quarter on Tuesday the xxii. day, at vi of the clocke at night, F. off.

New Moone on Wednesday the xxi. day, a quarter of an houre past vii. of the clocke at night, faire.

April.

First Quarter on Thursday the xii. day, halfe an houre past v. of the clocke in the afternoone, wet.

Full Moone on Wednesday the xiii. day, at nine of the clocke in the morning, wondry.

Last Quarter on Wednesday the xxi. day, halfe an houre past viii. of the clocke in the morning, faire.

New Moone on Friday the xxi. day, halfe an houre past vi. of the clocke at noon, Indifferent.

May.

First Quarter on Friday the vi. day, three quarters of an houre past ii. of the clocke in the morning, Fair.

Full Moone on Friday the xii. day, at ii. of the clocke in the morning, wet.

Last Quarter on Friday the xxi. day, a quarter of an houre past vi. of the clocke at night wet.

New Moone on Saturday the xxii. day, halfe an houre past viii. of the clocke in the morning, wondry.

June.

First Quarter on Sunday the vi. day, a quarter of an houre past i. of the clocke in the morning, Indifferent.

Full Moone on Saturday the xi. day, at two of the clocke in the morning, faire.

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Last Quarter the xx. day, on Saturday, at viii. of the clocke in the afternoon, very hot.

New Moone on Monday the xviii. day, at vi. of the clocke in the afternoone, indifferent.

Julie.

First Quarter on Mo: may the xii. day, at viii. of the clocke at noon, gentle blasts.

Full Moone on Monday the xi. day, at viii. of the clocke at noon, faire.

Last Quarter on Tues: day the xx. day, at ii. of the clocke in the morning, indiffer.

New Moone on Tues: day the xxi. day, halfe an hour past viii. of the clocke at midnight, very hot.

August.

First Quarter on Tues: day the iii. day, at vi. of the clocke at night, wet.

Full Moone on Tues: day a quarter of an houre past viii. of the clocke at midnight, fayre.

Last Quarter on Wed: day, the xvii. day, a quarter of an houre past two in the morning, faire.

New Moone on Thurs: day, the xxi. day, at v. of the clock in the forenoone, Indiffer.

September.

First Quarter on Wed: day the first day, a quarter of an houre past vii. of the clocke a m: night, fayre

Full Moone on Thurs: day the xv. day, at three of the clocke in the afternoone, Wet.

Last Quarter on Friday the xviii. day, at viii. of the clocke at night, fayre.

New Moone on Friday, the xxii. day, at viii. of the clock at night, Indiffer.

October.

First Quarter on Friday, the first day, three quarters of an houre past ii. of the clocke in the morning, Faire.

Full Moone on Friday the viii. day, three quarters of an houre past vii. in the morning, faire.

Left

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Last Quarter on Sunday the xvii. day, at x. of the clocke
in the morning, Indifferent.

New Moone on Saturday the xxii. day, at xii. of the clocke
in the morning, Windy.

First Quarter on Saturday, the xxx. day, a quarter of an
houre past vi. of the clocke at night, Cloudy.

November.

Full Moone on Sunday the viii. day, at two of the clocke in
the morning, frost.

Last Quarter on Monday, the xv. day, at two of the clocke
in the afternoon, faire.

New Moone on Monday, the xxii. day, at vi. of the clocke
after noon, hard weather.

First Quarter on Monday, the xxx. day, a quarter of an
houre past viii. of the clocke in the evening, Wet.

December.

Full Moone on Tuesday the viii. day, halfe an houre past
viii. of the clocke at night, faire.

Last Quarter on Wednesday, the xv. day, a quarter of an
houre past vi. of the clocke in the morning, wet and windie.

New Moone on Wednesday, the xxi. day, at one of the
clocke in the morning, Frost.

First Quarter on Thursday the xxix. day, at xi. of the
clocke at noon, faire.

Of the Ecclipses this Yeare.

There will be no Ecclipsie either of the Sun
or Moon to be seene in our Horizon this
Yeare.

Certaine

Certaine briefe Notes concerning the
Yeare and parts thereof, with other
generall Rules.

A Yeare properly is that revolution and
space of time wherein the Sun passeth
through the twelve Signes of the Zodiack.

A Yeare hath in it twelve Moneths of the
Sun, thirtene Moneths of the Moone: Fifty
two Weekes, three hundred threescore and
five dayes.

It is to be understand when a Yeare hath in
it but threc hundred threescore and five dayes,
it is meant by the common yeare: But the A-
stronomicall yeares containeth threc hundred
threescore and five dayes and five hours: and
when it is Leap yeare, the yeare is a day long-
er than the common yeares, whitch is in Febru-
ary, the common having but $xxviii$ dayes, the
Leape $xxix$.

A Moneth of the Moone is the space and
length of time which is between the new
Moone and her Wane: And the usuall or com-
mon Moneth, is a certaine number of dayes,
which are $xxviii$.

A Week or Seuennight, is the fourth part
of a Moneth.

A Day is the seventh part of a Week; and
there be two sortes of dayes, the one is a day
naturall, the other a day artificiall.

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A day naturall, is the space of xxiiij hooures,
accounting the night withall.

An artificiall day, is that space of time
whitch is betwene the rising and setting of the
Sun.

An hooure is the twenty fourth part of a day
naturall.

And a minute is an hooure diuided into
threescore parts.

Of the severall Conquests of ENGLAND.

Of Islands *England* was the greatest Ile,
by *Julian Cesar* first of Romans knowne,
By *Frenchmen* next it was possest a while,
by *Claudius Cesar* they were overthowne,
To whom, though they allegiance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by *Strangers* then were foild in Field,
to beare a *Strangers* yoke yet they disdain'd.
Amongst all Islands *England* was the first,
that entertainid the Gospell of the Lord,
Till *Dioclesian* for blood did thirst,
on all that to this Doctrine did accord.
This land by *Frenchmen* and by *Saxons* opprest,
the *Saxons* ayded it, and it enjoy'd,
Till *Danes* did vanquish them, and it possest,
who by the former People were destroy'd:
And ever since, the Noble *Normans* race
fift hundred sevety two yeaeres haue remain'd,
No Forcigne power their Kingdome could deface,
such stout victorious Kings of them haueaign'd.
Heavens keepe our royll King, her Majestie,
And evr blesse their Royall Progenie.

The

The beginning, continuance, and ending
of the Kings reigne since the Conquest, with
the time how long it is since, to this Yeare 1642.

Being fit for Scriveners, and such as are imploy-
ed in Law causes.

The Kings names.	Began his reigne:	Reigned years, mon. daies	Since their Reignes began.
Wil. Conq.	1066 Octob. 14	20 11 32	574 Octob. 14
Wil. Rufus	1087 Septem. 9	12 11 19	554 Septem. 9
Henry 1	1100 August. 1	35 4	11540 August. 1
Stephen	1135 Decem. 2	18 11	19506 Decemb. 2
Henry 2	1154 Octo. 25	34 9	2487 Octob. 25
Richard 1	1189 July 6	9	22451 July 6
John	1199 April 6	17 7	0442 April 6
Henry 3	1215 Octob. 19	56 1	0425 Octob. 19
Edward 1	1322 Novem. 16	34 8	9371 Novem. 16
Edward 2	1307 July 7	19 7	6333 July 7
Edward 3	1326 Ianua. 25	50 5	7315 Ianuary 25
Richard 2	1377 June 21	22 3	16264 June 21
Henry 4	1399 Septe. 29	13 6	5242 Septem. 29
Henry 5	1412 March 20	9 5	24329 March 20
Henry 6	1422 August. 31	38 6	18219 August. 31
Edward 4	1460 March 4	12 1	8181 March 4
Edward 5	1483 April 9	0 2	18158 April 9
Richard 3	1483 Ianu. 22	22 2	5158 June 22
Henry 7	1485 August. 22	23 8	1916 August 22
Henry 8	1509 April. 22	37 10	2132 April 22
Edward 6	1546 Ianua. 28	6 5	1995 Ianuary 28
Mary	1553 July 6	5 4	2288 July 6
Elizabeth	1558 Novem. 17	44 4	83 Nouem. 17
James.	1602 March. 24	22 0	339 March 24
Charlcs.	1625 Mar. 27.	After which, writing 17. years.	

A Prognostication.

The explanation of the former Table.

Note that every King began his raigne, the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall finde your requell.

As for example: If you would know when King Henry the 8 began his raigne, how long he reigned, and also how long it is since his raigne: finde first his name amongst the names of the Kings, and searching the row towards the right hand, you shall finde he began his raigne in the year 1509 the 22 of April, & under the title of the time that he reigned, is 37 yeares, 10 monches, and 2 dayes: And looking forward in the same rowe, where is 132 yeares Apill 22 under the title of since his raigne began.

How to iudge what Weather will follow, by the rising and setting of the Sunne,

The Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promiseth raine: If in his rising hee bee thorly overcast with a cloud, it betokeneth soule weather: If the Sunne drinke the clouds before him into the West, it signifieth faire weather: If at his rising there appear a circle about him, & vanishe away equally, it betokeneth faire weather. Also, if he stretch red, it signifieth faire weather: If at his setting he be of divers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames seeme red, or long, or encompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke mist, or if it raineth in the evening, it threatneth very soule weather to follow. Also, if the Sunne beames be spotted eyther greene, pale, or blacke, gathered into a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to passe. If the circle, or circles about the Sun be cleare, & of no continuall, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are here and there broken, and are thicke and blacke, looke for cold wind or snow: Or, if he sette behinde a great black cloud, raine followeth.

White. 1641.

How weather is forcknowne by the Moone.

If the Moone in the third day of her change, or three daies before her full, or in the middest of the quarter, be found of pure light, nothing encompassing her, the ends direct vp, shee promiseth faire weather: but bent to red colde, pronoketh winds. The Moone pale, or somewhat blacke or thicke, threatneth raine. When the Moone is five dayes olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe, pointed and pricking vphwards, greepe winds. If in the fourth day after her change, shee haue a red circell about her, it signifieth winds and raine.

Of the iudgement of the weather by the Starres.

If the Starres appeare of march light, and seeme to be of a wryt
bignesse & blazing then ordinary, it betokeneth great tempest
and mortallitie in that part where they seeme to be: and in winter, great
frosts. When dimme Starres appear with long fiery tayles, it
threatneth winds, and great drought: the more in number, the
worse will be the effect. Also, when Starres seeme to shoot or
signifieth great winds in that place: If they seeme to shoot in
places, it signifieth divers winds: If in all places, winds, thun-
der, lightning, and most tempestuous weather.

A short Instruction, and very necessarie to know the times and seasons when to Sow, and replante all manner of Seedes for the Garden.

Sow Cabbages in Februarie, March, or April, in the
time of the Moone: and replant them in the Decays.

Sow Cabbage-Lettuce in Februarie, March, or April, in the
id of the Moone.

Sow Onions & Leekes, in February or March, at the
time of the Moone.

Sow Lettis in Februarie or March, at a full Moone.

Sow

A Prognostication.

Grow Coltworth white & graine, in the middle of August or September: Plant the young ones in October, and set them againe in November.

Grow Parupes in Februarie, Apill, or June, in a faire day.

Grow Radish in Februarie, Apill, or June, in the increase of the Moone.

Grow Swampions, Celeriunbers, Myllans, and Cervides, in Februarie, March, or June, in a hote and faire day.

Grow Spinage in Februarie or March, in the old of the Moone.

Grow Parsely, Turne, and Turnescole, in Februarie or March, at the full of the Moone.

Grow white Cico, in Februarie, March, July, or August, in a full Moone.

Grow Cardus-benedictus in Februarie, March, or May, when the Moone is old.

Grow Basil in March, in an old Moone.

Grow Hurelaine in Februarie, or March, in the increase of a moone.

Grow Margram, Cholera, Cyme, Flower-gentle, Rosemary, & Lavender, in Februarie, March, or Apill, at the increase of the Moone.

Grow Garden cresses, and Rocket, in February, at the increase.

Grow Daunc in Februarie or March, at a new Moone.

Grow Coxianart, and Borage, in Februarie or March, at the Moones increase.

Grow Varts-horne, and Hampshire, in February, March, or Apill, at an old Moone.

Grow Gilliflowers, Hearts-ease, and Wall-flowers, in March or Apill, in an old Moone.

Grow Cardus, and Artichokes, in March or Apill, when the Moone is old.

Grow Chick weed, in Februarie or March, at the full of the Moone.

Grow Burnet in Februarie or March, at an old Moone.

Grow Hop and Hops in March, when the Moone is old.

Growle Marigold in Februarie or March, at the increase of the Moone.

Grow Larkes-foot, Sparget, and Sporage, in Februarie, in old Moone.

Sow white Poppy, and Palma Christi in February or March,
at the increase of the Moone.

Sow all manner of Corne the Maone increasing, the being in
Cancer, Libra, or Aquarius.

Sow; sow all kind of Seeds the Moone in Aries, Taurus, Can-
cer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those
Seedes whose Rootes are round, should be sowne thre or
four dayes before, or after the full Moone.

*Certaine and short Rules, for the comforting of the
chiese officiaall Members of the Body of M. in.*

Things which are good to comfort the Head.

Lignum-Aloes, Mariorum, Galengale, Huske, Rosemary,
Roses, Camomell, Rue, Frankincense, Nutmegs, Myrr, Balm,
Pines, Spike, and Gladem.

Things good for the Eyes.

Fennell, Cerifer, Clones, Cola water, Celandine, Cybright, Rus-
set, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloues, Dylantum, Coxall, Saffron, Nutmegs,
Wormewood, Dibamum, Agrimony, Fumitory, Maticke,
Ugman-Aloes, Spodium, and Coriander prepared.

Thinges good for the Heart.

Saffron, Clones, Synamon, Mace, Nutmegs, Mariorum, Bay-
rig, Bergofie, Rosemary, Nicabolanies, Peatles, Lignum-
Aloes, Coxall, Huske, and Setwell.

Things good for the Liver.

Liverwort, great Rayens, Wormewood, Agrimony, Saffron,
Clones, Endive, Violets, Fennell, Plantain, Dragons, Rose-
water, Lettuce, Violets, Sanders.

Things good for the Lungs.

Licuis, Raisons, Almonds, Dates, Lungwort, Maydenhairs,
Climpane, Pistaces, and Benedies.

A Prognostication

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nettles, Meates very hot, Warme drinke, Sweete meates and
drinkes, Radish rootes, Hard meates, Bitter meates, Milke,
much vomitting, Leches, Fette of Fish, Colworts, & Linnen.

Things hurtfull to the Eyes.

Garlick, Onions, Radish, Drunkenesse, Letherie, sweete and
thicke clines, Salt meates, Coleworts, all Pulse, Must, Wine,
Dust, Smoke, Fire, and teading presently after supper.

Rules of Mensuration.

A Fingers bredth is fourteene coynes in thicknes, and an Inch
threee Warly coynes in length: A hands bredth fourteene fingers:
A span is three hands bredth: A foot is four hands bredth:
A Geometriall Pace is five foot: an English Pearch is xvi. foot $\frac{1}{2}$.
A Furlong is a hundred & twenty five paces, or six hundred twenty
and five foot: An English Furlong is six hundred and threescore
foot, or a hundred thirtie two paces: A League is a thousand and
five hundred paces: An Italian Mile is a thousand paces, or eight
Furlongs: A common German Mile is thirty two Furlongs. An
English Mile is eight Furlongs: An Acre is fortie Pearches in
length, and fourteene in bredth.

A short Instruction for the Table following.

Note that the first Columnme or Row, containeth the Names
number of Shires, the second of Cities, the third of Bishop-
ries, the fourth of Castles, &c. Nowe goe straignt in a line,
and you shall easly finde the number Alphabetically, aswell for
the English as for the Welsh shires: As for example, Bucking-
hamshire hath no City, no Bishopricke, &c. Parker Townes,
135. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Parishes,
Rivers, Bridges, Chases, Forrests, and Parkes,
conteyned in euery particular Shire
in the Kingdome of England.

Shires.	Par- ishes.	Castles.	Townes.	Market- townes.	Bishop- rickes.	Cities.	Parkes.	Porefts.	Chases.	Bridges.	Rivers.	Par- ishes.	Castles.	Townes.	Market- townes.	Bishop- rickes.	Cities.
Barkshire.		12	0	0	0	0	13	3	0	7	3	140	3	1	0	0	0
Bedfordshire.		0	0	0	0	0	12	4	0	6	0	116	0	0	0	0	0
Buckingshshire.		0	0	0	0	0	15	0	0	5	0	185	1	2	0	0	0
Cambridgshire.		0	0	0	0	0	18	0	0	18	0	163	1	2	0	0	0
Cheshire.		0	0	0	0	0	92	9	0	9	0	68	9	3	0	0	0
Cornwall.		0	0	0	0	0	84	3	0	31	0	161	7	20	0	0	0
Cumberland.		0	0	0	0	0	22	1	0	33	0	58	20	33	0	0	0
Derbyshire.		0	0	0	0	0	11	0	0	106	0	8	8	23	0	0	0
Devonshire.		0	0	0	0	0	26	2	0	23	0	404	23	106	0	0	0
Dorsetshire.		0	0	0	0	0	19	0	0	248	0	18	4	29	0	0	0
Durham.		0	0	0	0	0	19	1	0	62	0	6	6	11	0	0	0
Essex.		0	0	0	0	0	23	2	0	415	0	21	1	7	0	0	0
Glocestershire.		0	0	0	0	0	23	2	0	180	0	1	4	31	0	0	0
Hampshire.		0	0	0	0	0	23	2	0	248	0	18	5	4	0	0	0
Harfordshire.		0	0	0	0	0	8	1	0	120	0	8	5	12	0	0	0
Herefordshire.		0	0	0	0	0	73	1	0	176	0	8	7	13	0	0	0
Huntingtonshire.		0	0	0	0	0	20	1	0	78	0	5	1	5	0	0	0
Kent.		2	0	0	0	0	33	0	0	398	0	17	8	6	14	0	0
Lancashire.		1	0	0	0	0	33	0	0	36	0	8	3	33	0	0	0
Leicestershire.		1	0	0	0	0	13	0	0	299	0	2	2	10	0	0	0
Lincolneshire.		1	0	0	0	0	12	0	0	630	0	2	9	15	0	0	0
Middlesex.		2	1	0	0	0	4	0	0	73	0	3	1	3	0	0	0
Northamptonshire.		1	1	0	0	0	24	0	0	326	0	2	5	24	0	0	0
Nottinghamshire.		1	0	0	0	0	17	0	0	168	0	0	5	17	0	0	0
Northumberland.		0	0	0	0	0	16	0	0	40	0	0	23	16	0	0	0
Norfolk.		1	1	0	0	0	15	0	0	660	0	0	3	15	0	0	0

A Prognostication:

Shires.	C.	Byfh.	M. T.	C.	Parri.	R.	Br.	Ch	For.	Park.
Oxford shire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shrop shire	1	0	13	13	170	18	13	0	7	27
Somerset shire	3	2	29	1	85	9	45	0	2	18
Stafford shire	1	1	12	5	130	13	12	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Sussex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1	17
Warwickshire	1	1	12	1	158	7	21	1	0	16
Westmoreland	1	0	4	6	26	8	15	0	2	19
Wilt shire	1	1	21	1	304	5	31	1	9	19
Worcester shire	1	1	7	3	152	5	13	1	2	16
Yorke shire	1	1	46	14	563	36	62	4	8	72
Anglesey.	0	0	3	0	83	8	2	0	0	0
Brecknockshire.	0	0	3	4	70	27	13	0	0	2
Cardigan shire,	0	0	4	0	77	26	9	0	1	0
Carmarthian shire	0	0	6	4	81	20	16	0	4	2
Carnaruan.	0	1	5	3	73	17	6	0	0	0
Denbigh shire.	0	0	3	3	53	24	6	0	0	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Montgomery shire	0	0	5	3	42	28	6	0	0	1
Monmouthshire	0	0	6	7	142	15	14	1	0	8
Merioneth shire	0	0	3	2	34	26	7	0	0	0
Penroke shire	0	1	6	5	142	6	7	0	2	3
Radnor shire	0	0	4	5	43	13	5	0	0	0

The Contents, Compas, Length, and Breadth of ENGLAND.

Thus much in Miles whole England it contains;—34866
 Thus much in Miles will reach about it round: —1890
 Her length from Lizard-point to Barwick-braits—334
 Twixt Dover, & Holy-head the breadth is found.—250

White. 1641.

A Table to know how many Hours and
Minutes the Moone shineth every Night
in the Yeare.

The age of the Moone increasing.	The Hours and Mi- nutes that she shineth.		The age of the Moone decreasing.
	Hours.	Minutes.	
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The Moones increasing.

The Moones morning
shining.

The vse of this Table.

Take the age of the Moone in the Almanack, then looke the
Same in this Table, which you shall finde either in the increas-
ing or decreasing, and then in the middle Columnne you shall
without farther labour finde the time of her shining.

As for Example: Upon the 4th day of January, I would know
how many hours & minutes the Moone shineth: I finde in the
Almanack it is New Moone the 1st day at 3 in the after noon, then
reckoning from that time to the 4. I finde shee is 3 daies old:
Then entring this Table, it sheweth, she shineth 2 hours, and 24
minutes: So doth she likewise when she is 27 daies old, &c.

Times of Mariage prohibited by our
Church, unlesse they have a License.

From Aduent Sunday (the 29 of November 1640) till 3
days after Twelveth day, beyno the 14 of Januari.

From after Septuaginta Sunday (being the 21 of Fe
bruary) till the 2. of May.

From Monday before Ascension day (being the 31. of May)
till Trinitate Sunday, the 20. of June.

The explanation of a new and easie Kalender here
following, for this present Yeare, 1641.

Note that every Moneth conteyneth three rows of Col
umnes, (the Figures be the number of Dayes excepted) the
first Columnne toward the left hand conteineth the Weeke Dayes
and Sunday Letter. The second, the Signe wherin the Moone
is every day. And the third, the Changes and Quarters of the
Moone. Note that sh: being thus O figured doth signifie the
new Moone: and placed this) way is the first Quarter: This
● the Full Moone; And agayne this (the last Quarter. Note
also, that the Figures over the head of the Moones, doe signifie
the houre of her Changes; and the Letters vnderneath, the time
after noone, or after midnight, N. standing for after noone till
Midnight, and M. for after Midnight till Noone.

As for example, Against the 1. day of Januari, being Friday,
I do find the Moone in ♑ Capricorn and is thus O charactered,
which is the New Moone at 3 of the clock in the after noone.

Againe, on the 21. of February being Saturday, I doe finde
the Moone in ♐ Sagittary, and is thus) charactered, which is the
Last Quarter at 6 of the clocke in the morning.

Note also, that at the head of every Moneth is placed the ri
sing and setting of the Sunne for the middle of every Moneth.
As for example, for the midste of Januari the O. Sunne riseth
at 7 of the clock and 43 minutes; and setteth at 4 of the clock
and 17 minutes, &c.

It also conteyneth (on the back side of the leafe) for every Mo
neth, the Holy dayes, and Feasts, both Honourable and Im
muneable; with the beginning and ending of every Term: As,
Twelveth day is on the 6 of Januari, Easter day on the 25. of
Apill: Whitsunday is on the 13 of June: Term begins on the
23 of Januari, and endeth the 12 of February, &c.

Abricte and easie Kalender for this Yeere

164. I. which being cut out, is fit to be placed
into any Booke of Accomps, Table-booke, or
other, conteyning the whole Almanacke, in
a short method; By John White.

January.	Februar.	March.	April.	May.	June.	July.	August.
07.43	06.46	05.50	04.51	04.4.	03.47	04.12	05.4.
4.17.	5.14.	6.10.	7.9.	8.56.	8.13.	7.48.	6.56.
b w o d x	d o c v	b o	c s	b o	b o	c s	c s
b w a c x	e x a a s	c ii	f o	a n p	b n p	d m	d m
c w z f x	f v b s	b ii	g o	b a t	c a t	i s m	i s m
d w n g v	g v m	c ii	a n	b n p	g d m	g f	g f
e x a v	a v	a ii	a t f s	a t b n p	9 d m	9 d m	9 d m
f x b o a t b s	b o	b ii	5 g n	3 c w p	c w p	n a f	n a f
g v a t c o 12 c o	12 c o	a t f s	b a o	b a o	f m	b v p	b v p
h v 4 a o	3 g s	b a o	b a o	b a o	g f	c v p	c v p
i b v	12 c o	a n	c w p	1 m	a f	d m	d m
j c o n t	b o	b o	d n p	g m	a t	b v p	b v p
k d o	g s	g s	c w p	a t	2	c v p	c v p
l e t t	a s	a s	d n p	a t	2	d m	d m
m t t	b h 2 a t b o	c n	9 g m	5 c w p	c w p	a t a d x	a t a d x
n g n	a t c o 3 c o	a f s	a m	a w p	f w w	n b v	n b v
o g n	4 a n p	d n p	12 g m	b f	e w w	g x	g x
p b g	a e n p	a e n p	a m	c t	f w w	a x	d o
q c o m	a t b	f o	a b t	b v p	g w w	a o	a o
r p n	g m	g m	n c t	c v p	a x	c v	c v
s e n p	a m	a t a m	d v p	a t	a t	4 a v	4 a v
t e n p	b m	b m	c v p	7 g w w	11 c v	a d o	a d o
u g x a t c o	c o	a t f v p	c a x	c u v	a f d	m b s	m b s
v u a a	4 a o	m b f	6 g w w	b x	a v	g p p	g p p
w b m	c e t	c v p	c a w w	c x	a o	a n n	a n n
x c m	a t v p	f v p	a b x	b v	g o	b v	b v
y a t	g w p	g w p	c x	z v	a n n	c a t	c a t
z a t	a w	a w	b v	f o	b n	a t g	a t g
1 w	b a x	b a x	c v	5 o	a t c	2 f g	2 f g
2 w	a t c	a t c	d v	11 o	a t c	o a n	o a n
3 w	b x	c x	7 g s	11 o	o a n	a g m	a g m
4 w	8	e v	11 o	o a n	a g m	11 o	11 o
5 w	o	e v	7 g s	11 o	o a n	11 o	11 o
6 w	c v	11 o	o a n	a g m	11 o	11 o	11 o

V. Aries, &. Taurus, II. Gemini, &. Cancer, &. Leo, &. Virgo,
 &. Libra, &. Scorpio, &. Sagittarius, &. Capricorn, &. Aquarius,
 &. Pisces. The O New Moone. The & first Quarter,
 The & Full Moone. The & last Quarter,
 And & the Sunday Letter,

Septem.	Octob.	None.	Decem.	The Feasts Mooueable and Im- mooueable: With the Termes, &c.
○ 6. 4	○ 7. 3	○ 7. 55	○ 8. 13	January.
5. 56	5. 57	4. 5.	3. 47	New yees day 1. Terme ends, 14.
1 f f	a v p	d X	f v	Twelte day 6. Dog da. heylly
2 g f at	b x x a c e	b v	Terme begin. 23. S. James Apo. 25.	
3 a v p 12	C r o : o f X	a s	February.	
4 b v p m	o x x m g v	b s	Barthol. Ap. 24.	
5 C x x	e X	a v	Paris. of Mary, 2.	
6 o x x	t X	at b s	Terme ends, 12. Dog sa. end, 29.	
7 e x x	g v 8	C s o	S. Mathias, 24.	
8 f X	at a v	● b s	March.	
9 g X	3 b v	● 2 II	Shyone sunu, 7.	
10 a v	● C s	f II	Anun. of Mary, 25.	
11 b v	o b s	g S	Init. Reg. Car. 27.	
12 C v	e II	a S	April.	
13 b s	f II	b S	Easter day, 25.	
14 s s	g II	C s a t e n p	Mark Euan, 25.	
15 f II	at a S	at d o	May.	
16 g II	7 b S	10 e v p	Phil. & Jacob, 1.	
17 a II	C s a	f n p	Terme begin. 12.	
18 b S	o b o	m g x	Rogation sun. 30.	
19 C S	en p	s x	June.	
20 b o	f n p	b m	Ascension day, 3.	
21 e s l	g n p	C m	Terme ends, 7.	
22 f n p	at a x	at d f	Whitsunday, 13.	
23 g n p	7 b x	4 e f	at S. John Bap. 24.	
24 a o	C m	○ f v p	Term begins, 25.	
25 b x	o b m	m g v	Peter Apost. 29.	
26 C m	s f	a x x	December.	
27 b m	f f	b x x	S. Tho. Ap. 21.	
28 e f	g v	at C X	Christmas da. 25.	
29 f f	g v	11 o X	S. Stephen, 26.	
30 g v	b x x	8 X	S. John, 27.	
31	C x x n	o g v	Immaculata da. 28.	

FINIS.

white, 1641.

6.

A New Almanacke and
Prognostication, for the
yeere of our Lord God,

1641.

Being the first after the Bissextile
or Leape-yeare.

Calculated for the Meridian of
the most Honourable Cittie of
L O N D O N, and will serve ge-
nerally for the Monarchy of
Great BRITTAINE.

By JOHN WHITE, Wel-
willer to the Mathemat.

L O N D O N,
Imprinted by F. K. for the Com-
pany of S T A T I O N E R Y.

The common Notes and moveable Feare
For this Yeere

1641

For the next.

1642

5		
6	The Golden number	
23	The Circle of the Sun	
	The Epsa	
8	The Damocles letter	
7 March.	The Roman Indiation	February
25 April	Orthro Sunday	April
20 May	Easter day	May
3 June	Fogartion Suntay	May
33 June	Ascension day	May
18 November	Whitunday	May
	Robert Suntay	Novemb.r

Take	Comits	Physical Election	{ The Moon or Digne tn
	Blisters		
	Gargartismes		
	Preparatives		
	Stop Bhumes and fluxes		
	Surge by reesling		

Fit times for blood-letting.
The **Danguine** from the new moone to the first quarter.
The **Choleriche**, from the first quarter to the full.
The **Flegmatiche**, from the full to the last quarter.
The **Melancholy**, from the last quarter to the change.

Dangerous times for blood-letting.
In the heat of Summer, or cold of Winter, or when
the **Moone** is in the **Digne** which governeth that part
of the body you would let blood; Also within a day
of the change, or full of the **Moone**.

beginning and ending of the Termes, with their
Returnes and Effoyne dayes, dayes of Exception,
Returna Brevium, and dayes of Appearance,
for this yeare, 1641.

Termes	Dayes of Returna of Effoyne.	Dayes of Exception.	Dayes of Brevium.	Dayes of Appearance.
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January Terme beginneth the 23. of January, and endeth
the 12. of February, and hath fourte Returnes.

St. Hillar.	Janua. 20	Janua. 21	Janua. 22	Janua. 23
Ind. Hillar.	Janua. 27	Janua. 28	Janua. 29	Janua. 30
St. Purif.	Febr. 3	Febr. 4	Febr. 5.	Febr. 6
Ind. Purif.	Febr. 10	Febr. 11	Febr. 12	Febr. 12

Easter Terme beginneth the 12. of May, and endeth
the 7. of June, and hath five Returnes.

Ind. Pasch.	May 10	May 11	May 12	May 13
Pasch.	May 17	May 17	May 18	May 19
Ind. Pasch.	May 24	May 24	May 25	May 26
Pass; Pasc.	May 3	June 1	June 2	June 2
St. Ascen.	June 4	June 5	June 7	June 7

Whinitie Terme beginneth the 25. of June, and endeth
the 14. of July, and hath fourte Returnes.

St. Trin.	June 21	June 22	June 23	June 25
Ind. Trin.	June 28	June 29	June 30	July 1
Ind. Trin.	July 5	July 6	July 7	July 8
Ind. Trin.	July 12	July 12	July 13	July 14

Michaelmas Terme beginneth the 9. of October, and
endeth the 29. of November, and hath 8. Returnes.

Ind. Mich.	Octob. 6	Octob. 7	Octob. 8	Octob. 9
Ind. Mich.	Octo. 13	Octob. 14	Octob. 15	Octob. 16
Ind. Mich.	Octo. 20	Octob. 21	Octob. 22	Octob. 23
Ind. Mich.	Octo. 27	Octob. 28	Octob. 29	Octob. 30
St. Anima.	Novb. 2	Novem. 3	Novem. 4	Novem. 5
St. Mart.	Novb. 11	Novem. 13	Novem. 15	Novem. 17
Ind. Mart.	Novb. 18	Novem. 19	Novem. 20	Novem. 21
Ind. Mart.	Novb. 25	Novem. 27	Novem. 29	Novem. 29

The Anatomy of Mans Body, as the parts thereto
are governed by the 12. Celestiall Signes.

Aries, Head and Face.

Taurus,
Necke and
thoate.
Cancer,
Breast,
Stomack,
and ribs.
Virgo,
Bowels,
and belly.
Scorpio
Secret
members
Capricorn
Knees.



Gemeni
Armes and
Shoulders
Leo,
Heart and
back.

Libra,
Reines and
Loynes.
Sagittarius
Thighes.

Aquarius
Legs.

Pisces, the Feete.

Hold sterte Aries ruleth Head and Face,
In Necke and Thoate doth Taurus challenge place:
The twining Gemini's, governe Armes and Hands,
The West and Stomacke Cancer she commands,
Then lusty Leo bath the Backe and Heatt,
Bowels and Belly they are Virgo's part:
In Loynes and Repnes is Libra's liberties,
And Scorpio rules the Stomes and Privities,
The Thighes and Hanch is Sagittarius song,
And both the Knees to Capricorne belonc:
A quarius makes the Legges much aches feele,
And Pisces rules the Feete from Toe to Heel.

January hath xxxi. daies.

Warre meates and clothes this month are good,
Take heed of Bathes and letting blood.

Day Sun riseth at 8. and 1. min. sets at 3. and 59. min.
Day Sun riseth at 7. and 43. min. sets at 4. and 17. min

New Years da.	Knees.	11	b
Da. Steph.	Legges.	12	c
Da. John	Legges.	13	a
Da. Innoc.	Legges.	14	b
Edward dep.	Feete.	15	a
Twelte day.	Feete.	16	b
Felix & Jan.	Head and face.	17	c
Luctan	Hecke and throate.	18	b
Joyce virg.	Hecke	19	c
Paul i. her.	and	20	a
Sol in Aquar.	throate.	21	b
Erchadilus	Loynes	22	a
Hilary bish.	and	23	b
Wed com. in.	hands.	24	c
Maurice Abb	Breast and	25	b
Marcel. bish	stomache.	26	c
Anthony dep.	Heart and	27	a
Pasca virg.	backe.	28	b
Molltan bish.	Welly and	29	a
Fab & Heb.	bowels.	30	b
Ignes virg.	Loynes and	31	c
Vincent mat.	reines.	1	d
Terme begins	Secrets &	2	e
Timothy bish.	bladder.	3	a
Comb. of Paul	Thighes &	4	b
Policarp. bish.	hanches.	5	a
Ignes the 2.	Knees.	6	b
Galerius bish	Knees.	7	c
Checo. p ^r z.	Knees.	8	d
Batilb. Qu.	Legges.	9	e
Saturaine	Legges.	10	f

 **New Moone**
the 1. day, a
quarter past
3 afternoone.

 **First quarter**
the 9. day, a
quarter past
4. in the eve-
ning.

 **Full Moone**
the 16. day, a
quarter past
4. in the mor-
ning.

 **Last quarter**
the 23. day, a
quarter past
4. in the mor-
ning.

 **New Moone**
the 30. day, at
8. in the mor-
ning.

February hath xxvij. dayes.

Milke, Herbes and Fennish fowle deny;
Purge not, nor use Phlebotomie.

1. Day Sun riseth at 7. and 13. min. sets at 4. and 47. m.
15. Day Sun riseth at 6. and 46. min sets at 5. and 14. m.

1	d	W ^{id} get t ^{au}	feete.
2	e	W ^{id} get Mary	feete.
3	f	W ^{ale} bish.	feete.
4	g	W ^{il} bert bish.	Head &
5	a	Agathe vir.	face.
6	b	Dorothe vir.	Neche and
7	c	Angule bt.	throate.
8	n	Paul bish.	Armes and
9	e	Apolina vir.	hands.
10	f	Sol in P ^{is} ces	Breast
11	g	So ^{ther} is bt.	and
12	a	S ^{an} cte C ^{ro} is	Somache.
13	b	Wolstan bt.	Heart and
14	c	Valentine	backe.
15	d	F ^{ran} cis & Jo.	Belly and
16	e	Julian vir.	bowels.
17	f	Seim mi	Loines and
18	g	Hugh bish.	rienes.
19	a	W ^{il} meon	Secrets &
20	b	W ^{id} zey vir.	bladder.
21	c	S ^{an} ctuag. I ^{an} u	Thighes
22	d	W ^{id} o goes out	and
23	e	W ^{ol} scarp t ^{au}	hanches.
24	f	S ^{an} cti ^{as}	Knees.
25	g	Victorine	Knees.
26	a	Enbent. Paul	Legges.
27	b	H ^{el} lor mart.	Legges.
28	c	Augustine bt.	feete.

First quarter
the 8. day, at
12. at noone.

Full Moone
the 15. day, at
3. in the after-
noone.

Last quarter
the 21. day, at
6. in the mor-
ning.

S. Mathias falleth on the 25. day of this moneth wh^{en}
it is Leane=neere. the other 3. yeeres on the 24. m.

March hath xxxij. daies.

Grosse meates doe hurt, use foode that's fine.
Let blood, and take some medecine.

1. Day Sun riseth at 6. and 18. min. sets at 5. and 42. min.
14. Day Sun riseth at 5. and 50. min. sets at 6. and 10. min.

d	David bishop	feete.	11	I
e	Chad bishop	feete.	12	a
f	Maurice	Head and face.	13	b
g	Adrian	Hecke and throate.	14	c
a	Focus & Cu	Armes & hands.	15	d
b	Victor & Vic	Wreast and	16	e
c	Shrode lund	Stomacke.	17	g
d	Felix Mart.	Heart and backe.	18	a
e	40. Martyrs	Belly and bowels.	19	b
f	Ashwednesday	Loines and reines.	20	c
g	Colin Aries	Secrets & bladder.	21	d
a	Gregory	Thighes & hanches.	22	e
b	Theodoze	Knees.	23	f
c	Quadrageimus	Legges.	24	g
d	Longine	Legges.	25	a
e	Boniface bt.	Legges.	26	b
f	Patricke	Feete.	27	c
g	K. Edward	Feete.	28	d
a	Ember week	Head and face.	29	e
b	Cuthbert	Head and face.	30	f
c	Benedict	Head and face.	31	g
d	Stradose	Head and face.	32	a
e	Theodoze	Head and face.	33	b
f	Dgapite (all)	Head and face.	34	c
g	Annone. Mary	Head and face.	35	d
a	Cass, mart.	Head and face.	36	e
b	Inn Rec. Care	Head and face.	37	f
c	Dorothie	Head and face.	38	g
d	Quintine	Head and face.	39	a
e	Quintine	Head and face.	40	b
f	Dycline bish.	Head and face.	41	c

April hath xxx. daies.

The blood being hot, coole hearbes now use,
And March his precepts not refuse.

1. Day Sun riseth at 5. and 16. min. sets at 6. and 44. min.
15. Day Sun riseth at 4. and 51. min. sets at 7. and 9. min.

1	g	Edward	face.	
2	a	Mary Egypt	Necke &	
3	b	Richard bish.	throate.	
4	c	Ambrase bish.	Armes	
5	d	Vincent con.	and	
6	e	Hexatus bish.	hands.	
7	f	Eughemite	Wycast &	
8	g	Egyptopus	Stomacke.	
9	a	Perpetuus	Heart and	
10	b	Saint Tertius	backe.	
11	c	Guthlare	Welly and	
12	d	Tutus bish.	bowels.	
13	e	Zenon bish.	Loines and	
14	f	Dlyffe	reines.	
15	g	Olward arch	Secrets &	
16	a	Fidore bish.	bladder.	
17	b	Unicete	Thighes &	
18	c	Elthibert bish	hanches.	
19	d	Alphege	Knees.	
20	e	Victor bish.	Knees.	
21	f	Simeon	Knees.	
22	g	Horher bish.	Legges.	
23	a	S. George	Legges.	
24	b	Wulfrid bish.	Feete.	
25	c	Easter day	S. Markes by	
26	d	Clete	Head	
27	e	Anastassius	and	
28	f	Uicitallis	face	
29	g	Peter mil.	Necke and	
30	a	Erbenwald.	throate	

First quarter
the 7. day,
halfe an houre
past 5. in the
afternoone.

Full Moone
the 14. day,
at 3. in the
mornynge.

Last quarter
the 21. day,
halfe an houre
past 7. in the
mornynge.

New Moone
the 30. day
halfe an houre
past 11. at
neone.

May hath xxxi. daies.

Put Sage in drinke, drinke Worme-wood-wine,
Use Physickes helpe, walke mornings fine.

1. Day sun riseth at 4. and 23. min. sets at 7. and 37. min.
2. Day Sun riseth at 4. and 4. min. sets at 7. and 56. min

b	Phil. & Jacob	throate.	11	e
c	Low Sunday	Armes and	12	f
d	Wsd. comes in	hands.	13	g
e	Christopher	Breast &	14	a
f	Goddard	stomacke.	15	b
g	John port. lat	Heart and	16	c
a	John Weverl	backe,	17	d
b	Appa. Mich.	belly	18	e
c	Trans. Mich.	and	19	f
d	Godian	Bowels	20	g
e	Sol in Gem.	Loines and	21	a
f	Terme begin.	reines.	22	b
g	Herbat.	Secrets &	23	c
a	Wortace	bladder.	24	d
e	Illoze	Thighes &	25	e
c	Wianden bish	hanches.	26	f
d	Bernard tran	Knees.	27	g
e	Discor. mar.	Knees.	28	a
f	Dunstan con.	Legges.	29	b
g	Bernardine	Legges.	30	c
a	Ellen Queen.	feete.	31	d
b	Julian virg.	feete.	1	e
c	Desderit	feete.	2	f
d	Fran. tran	Head and	3	g
e	Adelme bish.	face.	4	a
f	Bedr. pr.	Hecke	5	b
g	Germane	and	6	c
a	Corzone bish.	throate	7	d
b	Richoniette	Armes and	8	e
c	Regartow lun	hands.	9	f
d	2300 pccs out.	Breast	0	g

First quarter
the 7. day, 3.
quarters past
2. in the morn-
ing.

Full Moone
the 14. day,
at 5. in the
evening.

Last quarter
the 21. day, a
quarter past
11. at night.

New Moone
the 29. day,
halfe an houre
past 1. in the
morning.

June hath xxx. Dayes.

Let Physicke goe, coole hearbes now take,
Sweete drinke and Venus now forfike.

1. Day Sun riseth at 3. and 50. min. sets at 8. and 10. min.
15. Day Sun riseth at 3. and 47. min. sets at 8. and 13. min.

1	e	Nichomedes	Breast and	110
2	f	Marcellus in the 12. day	Stomacke.	111
3	g		Heart and	112
4	a	Petrosius	backe.	113
5	b	Bonifacius	Belly and	114
6	c	Melonius	bowels.	115
7	d	Fecine ends	Lotnes &	116
8	e	Edmund tra.	reines.	117
9	f	Wcedard	Secrets &	118
10	g	Iuan confel.	bladder.	119
11	a	Barnabe ab.	Thighes &	120
12	b	Sol in Cancer	hanches.	121
13	c	Whitunday	Knees.	122
14	d	Bassil bishop	Legges.	123
15	e	Modellus	Legges.	124
16	f	Number week	Legges.	125
17	g	Tosralph	Feete.	126
18	a	Excupertus	Feete.	127
19	b	Eded com. in.	Head	128
20	c	Whitunday	and	129
21	d	Walburge	face.	130
22	e	Alban Mar.	Becke &	1
23	f	Etheid.	throate.	2
24	g	S. John Bap.	Armes and	3
25	a	Terme begin	hands.	4
26	b	John & Paul	Breast	5
27	c	Crescence	and	6
28	d	Leonis last	Stomacke.	7
29	e	S. Peter	Heart	8
30	f	Con. of Paul		9
				10

First quarter
the 6. day, a
quarter past
9. in the mor-
ning.

Full Moone
the 12. day, at
2. in the mor-
ning.

Last quarter
the 20. day,
at 4. in the
afternoone.

New Moone
the 28. day,
at 2. after-
noone.

July hath xxxij. dayes.

Use Sallets fresh to coole the heate,
And bath in Springs to cleanse the sweate.

1. Day Sun riseth at 3. and 56. min. sets at 8. and 4. min.
15. Day Sun riseth at 4. and 12. min. sets at 7. and 48. min.

g	Oct. Joh. Ba.	backe.	11	c
a	Wist. of Ma.	Belly and bowels.	12	d
b	Tran. Tho.	Loines and reines.	13	e
c	Martin tran.	Secrets & bladder.	14	f
d	Zoe Virg.	Thighes & hanches.	15	g
e	Octa. of Pet.	Knees.	16	a
f	Thomas tra.	Knees.	17	b
g	Grimbald	Legges.	18	c
a	Cirsl bish.	Legges.	19	d
b	Wrethren	Feete.	20	e
c	Benedict	Feete.	21	f
d	Haboz & se.	Head and face.	22	g
e	Sol in Leo	Necke & throate	23	a
f	Cetine ends	Armes and hands.	24	b
g	Swithin.	Breast and stomacke.	25	c
a	Osmond	Heart & backe.	26	d
b	Scenekne	Belly and bowels.	27	e
c	Arnulph	Loines	28	f
d	Dog. bat. beg.		29	g
e	Margaret		30	a
f	Praxed		31	b
g	Mary Mag.		1	c
a	Apoline		2	d
b	Chrissin fass.		3	e
c	S. James Ap.		4	f
d	In. Ma. mo.		5	g
e	7. Cleopers		6	a
f	Hampson bt.		7	b
g	Felix & sel.		8	c
a	Abdon		9	d
b	Germane		10	e

First quarter
the 5. day,
halfe an houre
past 1. in the
afternoone.

Full Moone
the 15. day,
at 12. at
neone.

Last quarter
the 20. day,
at 9. in the
morning.

New Moone
the 27. day,
halfe an houre
past 12. at
midnight.

August hath xxxi. daies.

Fly Physicke and Phlebotomic,
Eschew cold Bathes and Venerie.

1. Day Sun riseth at 4. and 38. min. sets at 7. and 22. min.
15. Day Sun riseth at 5. and 4. min. sets at 6. and 56. min.

1	L ammas day	Reines.	11
2	D Steph. mat.	Secrets	12
3	E nv. Steph.	and	13
4	F Justin. p ^r t.	bladder.	14
5	G Wmalo	Thighes &	15
6	A Transf. Dom	hanches.	16
7	B feast of Jesu	Knees.	17
8	C Trache	Knees.	18
9	D Roman mart.	Legges.	19
10	E Lawrence m.	Legges.	20
11	F Tiburt mar.	Feete.	21
12	G Clare Virg.	Feete.	22
13	A Sol in virgo	Feete.	23
14	B Eusebius	Head &	24
15	C Assum. Mar.	face.	25
16	D Wochus mat.	Necke	26
17	E Ot. Law.	and	27
18	F Agapite	throate.	28
19	G Magnus	Armes and	29
20	A Lewes	hands.	30
21	B Bernard	Wicd &	31
22	C Privatius	Stomacke.	1
23	D Timoth ^{fall}	Heart	2
24	E Bartholom. A.	and	3
25	F Ledovicus	backe.	4
26	G Heberine	Welly and	5
27	A Ruffinus	bowels.	6
28	B Augustine bt.	Reines and	7
29	C Dog daies end	reines	8
30	D Felix & Andz.	Secrets &	9
31	E Bartholom	bladder.	10

First quarter
the 3. day, at
6. at night,

Full Moone
the 10. day,
a quarter past
mid-night.

Last quarter
the 18. day, a
quarter past
2. in the mor-
ning.

New Moone
the 26. day at
12. before
noone.

September hath xxx. daies.

Now drinke Goates milke, on ripe fruits feede;
(If neede require) Purge, Bath and Bleed.

Day Sun riseth at 5. and 37. min. sets at 6. and 23. min.
Night Sun riseth at 6. and 4. min. sets at 5. and 56. min.

i	H. & S. Abbat	Thighes & hanthes.	11	b
g	Anthony	Knees.	12	c
a	Gregory	Knees.	13	d
b	Cuthbert	Knees.	14	e
C	Bertine	Legges.	15	f
D	Eugenius	Legges.	16	g
e	Emmettus	Legges.	17	a
f	Nat. of Mary	Feete.	18	b
g	Gorgonius	Feete.	19	c
a	Julius	Head	20	d
t	Prothous	and face.	21	e
T	Martian	Necke and	22	f
d	Sol in Libra	throate.	23	g
e	Poly Crosse	Armes and	24	a
f	Ember weeke	hands.	25	b
g	Edith virg.	Wrest and	26	c
a	Hugh	Stomacke.	27	d
b	Victor & Cor.	Heart and	28	e
C	January ma.	backe.	29	f
d	Eustace fast.	Belly and	30	g
e	Mathew Ev.	bowels.	1	a
f	Mauricius	Loines and	2	b
g	Ecela vir.	reines.	3	c
a	Indoche	Secrets &	4	d
b	Firmin	bladder.	5	e
C	Cyprian	Thighes &	6	f
d	Colm. & Da.	hanthes.	7	g
e	Exeape.	Knees.	8	a
f	Michael, Arch.		9	b
g	Herome pr.		10	c

First quarter
the 1. day, a quarter past 12
at mid=night.

Fall Moone
the 9. day, at
3. afternoone,

Last quarter
the 17. day, at
7. at night.

Few Moone
the 24. day, at
at 7. at night.

October hath xxxij. Dayes.

Strong Wine, hot Bathes, and spice that's good,
Preserves our health; purge, and let blood.

1. Day Sun riseth at 6. and 36. min. sets at 5. and 24. min.
15. Day Sun riseth at 7. and 2. min. sets at 4. and 57. min.

1	a	Bemigius	Knees.	11
2	b	Leodegarius	Legges.	12
3	c	Candide	Legges.	13
4	d	Francis	Legges.	14
5	e	Apollinary	feete.	15
6	f	Jaith virg.	feete.	16
7	g	Marc. a Mar.	Head	17
8	a	Pelagius	and	18
9	b	Ferme begin	face.	19
10	c	Gereon & Wi.	Hecke and	20
11	d	Nicasius	throate.	21
12	e	Wilfride	Armes	22
13	f	Sol in Scopio	and	23
14	g	Calixtus	hands.	24
15	a	Wolfran	Breast and	25
16	b	Michaelmon.	Stomacke	26
17	c	Theldred	Heart and	27
18	d	S. Luke Evang	backe.	28
19	e	Frideswide	Belly	29
20	f	Wrebert	and	30
21	g	11000. Virg.	bowels.	31
22	a	Mary Sol.	Loines a: id	32
23	b	Romanus	reines.	33
24	c	Maglorie	Secrets &	34
25	d	Cris. & Crisp.	bladder.	35
26	e	Ursula	Thighes &	36
27	f	Florence fast	hanches.	37
28	g	Simon & Jude	Knees.	38
29	a	Barcttus	Knees.	39
30	b	Germane	Legges.	40
31	c	Quintili. fast.	Legges.	41

November bath xxx. Dayes.

From cold preserve thy head and feete,
Abstaine from wine that's new and sweete.

Day Sun riseth at 7. and 34. min. sets at 4. and 26. min.
Day Sun riseth at 7. and 55. min. sets at 4. and 5. min.

St. Martins	feete.	11	g
St. Doules	feete.	12	a
Winifride	feete.	13	b
Timantius	head & face.	14	c
Powder 1 rea.	Hecke	15	d
Leonard	and	16	e
Willbroke	throate,	17	f
4. Crowned	Armes	18	g
Theodoze	and	19	a
Martine	hands.	20	b
Martine bish.	Breast and	21	c
	Stomacke.	22	d
Brice	Heart and	23	e
Erken trans.	backe.	24	f
Macute	Belly &	25	g
Edmund	bowels.	26	a
S. Hugh.	Loines and	27	b
Oct. Martine	reines.	28	c
	Secrets &	29	d
Edmund	bladder.	30	e
Piel of Ma.	Thighes &	1	f
Cicelt Virg.	hanches.	2	g
Clement	Knees.	3	a
Gryfogon	Knees.	4	b
Katherine	Legges.	5	c
Linus bish.	Legges.	6	d
Agroctta	feete.	7	e
	Wch. go out	8	f
Edmund	feete.	9	g
Forme ofids		10	a
S. Andrew bish.			

full Moone
the 7. day,
at 2. in the
morning.

Last quarter
the 15. day, at
11. at night.

Full Moone
the 22. day, at
2. afternoone.

First quarter
the 24. day, a
quarter past
4. in the evng.
ning.

December hath xxxi. daies.

Use meates that's warme, hot spice and wine,
Invite the Poore to sup and dine.

1. Day Sun riseth at 8. and 10. min. sets at 3. and 50.
15. Day Sun riseth at 8. and 13. min. sets at 3. and 47.

1	f	Eusegi. bisho	Head	
2	g	Libanus ma.	and	
3	a	Depo. of Os.	face.	
4	b	Barbara	Necke and	
5	c	Habbe bish.	throate.	
6	d	Nicholas	Armes	Full Moone
7	e	Ambrose	and	the 7 day
8	f	Cone. of Ma.	hands.	haife an houre
9	g	Cyprian	Wrest and	past 8 at
10	a	Eulalie	Stomacke.	night.
11	b	Damase bish.	Heart	
12	c	Sol in Capti.	and	
13	d	Lucie	backe.	Last quarter
14	e	Otholie	Belly and	the 15. day, a
15	f	Ember wecke	bowels.	quarter past
16	g	Aspasia	Loines and	9. in the mor-
17	a	Lazarus	retines.	ning.
18	b	Gratian bish.	Secrets &	
19	c	Genessa virg.	Bladder.	New Moone
20	d	Julian fait.	Thighes &	the 21. day, at
21	e	Thomas Apo-	hanches.	1. in the mor-
22	f	zo. Martyrs	Knees.	ning.
23	g	Victor virg.	Knees.	
24	a	Candide fait.	Knees.	
25	b	Christinas d.	Legges.	
26	c	S. Stephen.	Legges.	
27	d	S. John Evans	Feete.	First quarter
28	e	Innocents	Feete.	the 29. day, at
29	f	Thom. Beck.	Head &	12. at noone
30	g	James transl.	face	
31	a	Sivester	Necke	

WHITE. 1641.

A Prognostication for
this yeare of our Lord
God. 1641.

Being the first after *Bisextile*,
or Leape-yeare.

VWherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the Inclinati-
on of the Weather for every Quar-
ter of the Moone through-
out the whole Yeare.

With certain briete notes concerning the
yeare and the parts thereof, with other generall
Rules.

With other things fit to be known, both
pleasant and profitable.

And at the end of the Booke, is the whole
Almanacke, conteyned in one Leaf, for this
Yeare 1641. which being cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By *John White*, Well-willer to the *Mathematicks*.

LONDON,
Printed by *J. R.* for the Company
of Stationers. 1641.

A Chronologie or Computation of yeeres
to this present yeere. 1641.

Since the Creation of the World to this yeare	559
Since the Flood	39
Since London was built	274
Since Yorke was built	260
Since Roine was built	234
Since the destruction of Jerusalem	157
Since England first received the Christian Fayth	148
Since the Conquest of England by Duke William	57
Since S. Paules Church in London was built	51
Since London bridge was built with stone	45
Since the first Lord Mayor of London	45
Since the Order of the Knights of the Garter	27
Since the Inuencion of Gunnes	29
Since the Art of Printing was invented	11
Since King Henry the 8. conquered Bulloyn	9
Since the first use of Coaches in England	8
Since the burning of Paules steeple	8
Since the Royall Exchange was built	79
Since the Earles rebellion in the North	73
Since the blasing Starre, and sharpe Winter	67
Since the Massacre in France	67
Since the whole Heauens seemed to burne with fire	67
Since the somer deepe Snow	62
Since the generall Earthquake	60
Since Tobacco was first used in England	59
Since the Campe at Tilbury in Essex	57
Since the greate Plague in London	33
Since the Gunpowder treason	33
Since the former great Frost	33
Since the death of Prince Henrie	29
Since the former deepe Snow	26
Since his last Blasing-starre	23
Since the Maiesties retурne from Spaine	18
Since the fall at Blackfryers	18
Since his Maiesties proclaiming	16
Since Prince Charles was born	11

A briefe Declaration of the Disposition of the foure Quar- ters of this Yeare.

And first of Winter.

*The Winter Quarter best doth prophe-
nate To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.

Whe Winter Quarter (as saith the ancient Astro-
nomers) began the last yeaer 1640. vpon
Saturday being the 12. of December; vpon
which day the Sun made his first entrance
into the first degree of the Hyemal Signe of
Capricorne, which Quarter doth end this
yeare 1641. vpon the 11. day of March, being Thursday;
in which space of time the Sun makith his passage through
these three Winterly Signes, Capricorne, Aquarius, and Pisces.

The naturall quality of this Quarter is to be cold and moist,
(of contrary quality to the Summer) and is of the Phlegmatick
Complexion, whiche humor doth most predominate in our bodies
from three of the Clocke to the afternoone, till 11. of the clocke
at night. Now doe the sea-fest Mariners endure many a storme
on the raging Ocean; the WIndes are strong and high, making
the billowes of the Sea to souke and swell: The Floods
are at highest, the Ayre coldest, the Dayes shortest, and Nights
longest, and the strength and bisnesse of every Creature decayeth.
The poates of the Earth are now enclosed and shut vp by the
extreame coldnesse of the Ayre: Fowles get them to the war-
met Regions, Beasts lecke for a shelter, Serpents betake
them to their dens, and the Fishes get into the deepest of the
waters for their warmth and comfort: And whatsoeuer the
chearefull Spring and comfortable Summer did produce and
nourish, this Quarter doth destroy and vanishe. The colder
and drier the Winter is, it is the more wholesome for Man

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and Beast: yet too much cold killeth Plants & Trees in a Climate: A moist and warme Winter is an enemy to Nature, but a friend to Husbandry; and indifferent store of Snows doth ranken the Earth, and preseruen Corne. Now for the preuention of our healths, it is fit that we shoule vsse such meats whose operation are of a hot and drye qualitie, expelling the cold & unwholsome ayre with good frys, warme Broathes, comfortable Drunks, and strong Wines: Being carefull to keep thy heare & Feet from cold & wet: But yet can the body digest more gross and strong Meats then in Summer, by reason that the natural heat is druen (by the coldnes of the ayre) into the inward parts of the body, to comforte the vitall Spistles, & to helpe digestion.

The vsuall Diseases of this Quarter, are these (or the like) as Rheuynes, Coughes, Poses, Palsies, Gowtes, Angues, Soxe Eyes, Cathars, Crampes, Tooth-ach, Sciathes, Fluxes, &c.

Of the Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Virtue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring Quarter is the most comfortable of all the yeare, and takeith its beginning when the gloriouſ and reſplendant Sunne entreth into the firſt degree of the firſt Equinoctiall Signe Aries, which is vpon Thrusday being the vi. of March & conthueth till Saturday the vi. of June, in which ſpace of time the Sunne maketh his revolution through thre Vernall Signes, Aries, Taurus, Gemini.

The proper condition of this Quarter is hot and moist, partaking of the Sanguine complexion: which humour hath moſt predomination from nine a Clocke at night, till three of the Clocke in the morning. Now are the dayes and nights of an equall length, and the chearefull Sunne ſeemes to ſmile vpon the face of the new reconuered Earth, cauſing it to produce all kinde of varieties to our ſenes. This of all the other Quarters of the yeare, is the moſt pleasant and wholeſome:

me, & being the most convenient time to remoone Diseases & long continuance, and to prevent those which are like to ensue. Now use the Birds of the ayre couple and breed, Beasts of Earth increase, and the Fishes of the Waters doe multiply abundance, forsaking the deepe to live in more shalowe places: And now the Earth bringeth forth all sorts of Flowers, herbes, Fruites and Plants, for the needfull use of Man and beast. The Spring ouer-wet increaseth Weedes, causing fruits to be scarce and rotten. It is fitting (for the preservation of our healths) that we now use such Meates as are of a colde and drye qualitie: and let your Drinke be more coole & small in Winter: And now (if need require) is the best time to Urge, Bathe, Bleede, and Sweat.

The usuall Infirmitie of this Quarter, are Smal-pocks, Measles, Scabbes, Pusches in the face, Kings eull, Agues, Feautes, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appeares.*

Sol in Cancer, Leo, Virgo.

The Summer Quarter doth beginne when the scorching Sun entereth into the first degree of the Northern Tropic of Cancer, which is upon Saturday the xii of June, and doth continue till Sunday the xxi. of September, in which space of time hee passeth thorugh these thrie Solsticiall Signs, Cancer, Leo, Virgo.

The naturall condition of this Quarter is to be hot & dry, being part of the Cholerick Complexion, which humour (or) chiefly governeth from 3. of the Clock in the morning, till before noone. Now is the Sunne at the highest, causing the ayes to be at the longest, and nights shortest. Heate is at the highest, floods at the lowest, Seas most quiet, and the Winds most calme: And now is the fruitfull Earth cloathed in her chesc embroyderie, imparting of her store to all sensible Crea-

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tured for their use and comfort: Flowers are in their beauty and Fruites in their delicacie: and the painfull Bees give their Honey for their future sustenance: Now naturall heat dispersed abroad vnto the outward parts of the Body, is not so hot within as in Winter, neither can hee digest grosse and strong Meates, as then; yet the most small and coole Drinckes are most convenient for our healths, and the store of Meates doeth best suffice Nature, and those which boyled are most wholesome, and use such thinges as are cold and moist qualitie: An over-wett Summer telleth Fruite, and destroyeth Corne.

The Sicknesse and Diseases of this Quarter, are Feare, Pestilence, Jaundies, Agnes, paine in the Head and Belly, &c.

Of the fourth part of the Yeare, called Autumne or Haruest.

*As Autumnne steales the sappe from Tree and Flome
So Death comes creeping neerer every houre.*

Sol in Libra, Scorpio, Sagittarij.

Autumne, or Haruest. (commonly called the fall of the Leafes) beginneth when the Sun entereth into the first degree of Libra, which is vpon Wunday the xii. of September, and endeth vpon Sunday the xii. of December: where hee keth the second Equinoctiall, in which time hee runneth his passage through these three Autumndall Signes, Libra, Scorpio, Sagittarij.

The vsuall condition of this Quarter is to be cold and dry, participating most of the Melancholy Compition, the Unioz doth chieely governe from ix. of the Clocke in the Morning, till 3. in the afternoone. The dayes are now aye equally ballanced with the nights; the Daye is wroide, Cōtrayed, Fruites gathered, and the painfull Husbandman geth the profit of his forpassed labours: Now doeth the Earth loose the beautie of her former glexie, Flowers fade, Leaves fall, Floods increase, and all Creatures loose their former strenght & vigour, and the most part of sensible Creatures

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After a yainst the storme ensuing Winter: Of all the quarters of the year this is the most unwholsome, & re-
-diseases of divers kinds in our bodies; therefore beware of
-winning and evening cold, & use such things as are of a hot
-moist quality: It is now a time (if need require) to Purge,
-and Bleed: Autumn being overwet puttifieth Grapes,
-ing bad Wines, and scarcity of fruit.

The diseases and sicknesse of this Quarter are many, as these
-elike, the Stone, paine in the Backe and Kidnes, sore
-s, Melancholy, Falling sicknesse, Agues, Fluxes of Blood,
-nakes, Enwoods, Spleene, &c.

CONCERNING WEATHER

A briefe Declaration of the disposition
of the weather for every Quar-
ter of the Moone, for this Yeare,

1641.

January.

New Moone on Friday the i. day, at thre of the clocke
the afternoone, frost.

First Quarter on Saturday, the ix. day, a quarter past iii.
the clocke in the Evening, Faire.

Full Moone on Saturday, the xvi. day, a quarter past iii.
the clocke in the Morning, Indifferent.

Last Quarter on Saturday the xxii. day, a quarter past iii.
in the Morning, Cleer.

New Moone on Saturday, the xxx. day, at viii. of the
clocke in the Morning, Windy.

February.

First Quarter on Monday the viii. day, at xi. of the clocke
at Moone, frost.

Full Moone on Monday the xv. day, at iii of the clocke in
the afternoone, Frost.

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Last Quarter on Sunday the xxi. day, at vi. of the clocke in the morning, Windy and wet.

March.

New Moone on Sunday the first day, 3 quarters of an hour past i. of the clocke in the Morning, faire.

First Quarter on Tuesday the ii. day, 2 quarters of an hour past iii. of the clocke in the morning, windy.

Full Moone on Tuesday the vii. day, halfe an houre past ii. of the clocke at noon, Indifferent.

Last Quarter on Tuesday the xxii. day, at vi. of the clocke at night, Frost.

New Moone on Wednesday the xxxi. day, a quarter of an hour past vi. of the clocke at night, faire.

April.

First Quarter on Wednesday the vi. day, halfe an houre past ii. of the clocke in the afternoone, wet.

Full Moone on Wednesday the xiii. day, at nine of the clocke in the morning, Windy.

Last Quarter on Wednesday the xxi. day, halfe an houre past vi. of the clocke in the morning, faire.

New Moone on Friday the xxx. day, halfe an houre past ii. of the clocke at noon, indifferent.

May.

First Quarter on Friday the vi. day, three quarters of an hour past ii. of the clocke in the morning, Faire.

Full Moone on Friday the xxi. day, at v. of the clocke in the morning, wet.

Last Quarter on Friday the xxi. day, a quarter of an hour past vi. of the clocke at night wet.

New Moone on Saturday the xxix. day, halfe an houre past iii. of the clocke in the morning, Windy.

June.

First Quarter on Sunday the vi. day, a quarter of an hour past ii. of the clocke in the morning, Indifferent.

Full Moone on Saturday the xli. day, at two of the clocke in the Morning, faire.

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Last Quarter the xx. day, on Sunday, at viii. of the clocke in the afternoone, very hot.

New Moone on Monday the xviii. day, at ii. of the clocke in the afternoone, indifferent.

Julie.

First Quarter on Monday the xii. day, at xii. of the clocke in the morning, gentle blasts.

Full Moone on Monday the xii. day, at xii. of the clocke, at one, Faire.

Last Quarter on Tuesday the xx. day, at ix. of the clocke in the morning, indifferent.

New Moone on Tuesday the xxvi. day, halfe an hour past vii. of the clocke at midnight, very hot.

August.

First Quarter on Wednesday the iii. day, at vi. of the clocke at night, wet.

Full Moone on Wednesday a quarter of an houre past xii. of the clocke at midnight, Windy.

Last Quarter on Wednesday, the xviii. day, a quarter of an houre past two in the morning, Faire.

New Moone on Thursday, the xxvi. day, at v. of the clocke in the afternoone, Indifferent.

September.

First Quarter on Wednesday the first day, a quarter of an houre past xii. of the clocke at midnight, sayre

Full Moone on Thursday the xv. day, at three of the clocke in the afternoone, Wet.

Last Quarter on Friday the xviii. day, at vii. of the clocke at night, sayre.

New Moone on Friday, the xxviii. day, at vii. of the clocke at night, Indifferent.

October.

First Quarter on Friday, the first day, three quarters of an houre past vi. of the clocke in the morning, Faire.

Full Moone on Friday the viii. day, three quarters of an houre past vii. in the morning, Faire.

Last

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Last Quarter on Sunday the xvii. day, at x. of the clocke in the morning, Indifferent.

New Moone on Saturday the xxii. day, at viii. of the clocke in the morning, Windy.

First Quarter on Saturday, the xx. day, a quarter of an houre past xi. of the clocke at night, Cloudy.

November.

Fall Moone on Sunday the vii. day, at two of the clocke in the morning, frost.

Last Quarter on Monday, the xv. day, at two of the clocke in the afternoone, fayne.

New Moone on Monday, the xxi. day, at ii. of the clocke after noone, hard weather.

First Quarter on Monday, the xxix. day, a quarter of an houre past xii. of the clocke in the evening, Mist.

December.

Fall Moone on Wednesday the vii. day, halfe an houre past viii. of the clocke at night, fayne.

Last Quarter on Wednesday, the xv. day, a quarter of an houre past ix. of the clocke in the morning, wet and windy.

New Moone on Wednesday, the xxi. day, at one of the clocke in the morning, Frost.

First Quarter on Wednesday the xxix. day, at xii. of the clocke at noone, Faire.

Of the Ecclipses this Yeare.

There will be no Ecclips either of the Sun or Moone to be seene in our Horizon this Yeare.

Certaine

Certaine briefe Notes concerning the
Yeare and parts thereof, with other
generall Rules.

A Yeare properly is that revolution and
space of time wherein the Sun passeth
throughe the twelve Signes of the Zodiack.

A Yeare hath in it twelve Moneths of the
Sun, thirtaine Moneths of the Moone: Fifty
two Weekes, three hundred threescore and
five dayes.

It is to be understood when a Yeare hath in
it but three hundred threescore and five dayes,
it is meant by the common yeare: But the A-
stronomical yeares certaineth three hundred
threescore and five dayes and sixe hours: and
when it is Leap-yeare, the yeare is a day long-
er than the common yeares, which is in Febru-
ary, the common having but xxviii dayes, the
Leape xxix.

A Moneth of the Moone is the space and
length of time which is between the new
Moone and her Lane: And the usuall or com-
mon Moneth, is a certaine number of dayes,
which are xxviii.

A Week or Sevennight, is the fourth part
of a Moneth.

A Day is the seventh part of a Week; and
there be two sorts of dayes, the one is a day
naturall, the other a day artificiall.

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A day naturall, is the space of xxijij hours, accounting the night withall.

An artificiall day, is that space of time which is betwene the rising and setting of the Sun.

An hour is the twenty fourth part of a day naturall.

And a minute is an hour divided into threescore parts.

Of the severall Conquests of ENGLAND.

Of Islands England was the greatest Ile,
by *Julius Cesar* first of Romans knowne;
By Frenchmen next it was possest a while,
by *Claudivus Cesar* they were overthrownne,
To whom, though they allegiance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by Strangers then were foild in Field,
to beare a Strangers yoake yet they disdain'd.
Amongst all Islands England was the first,
that entertaind the Gospell of the Lord,
Till *Dioclesian* for blood did thirst,
on all that to this Doctrine did accord.
This land by *Frenchmen* and by *Scots* opprest,
the *Saxons* ayded it, and it enioy'd,
Till *Danes* did vanquish them, and it possest,
who by the former People were destroy'd:
And ever since, the Noble *Normans* race
fie hundred seventy two yeares haue remain'd,
No Forreigne power their Kingdome could deface,
such stout victorious Kings of them haue raign'd.
Heavens keepe our royll King, her Majestie,
And ever blesse their Royall Progenie.

The

the beginning, continuance, and ending
the Kings reigne since the Conquest, with
thetime how long it is since, to this Yeare 1641.

Being fit for Scriveners, and such as are inployed
in Law causes.

The Kings names.	Began his reigne.	Reigned yeers.mon.dais	Since their Reignes began.
Wil. Conq.	1066 Octob. 14	20 11 22	574 Octob. 14
Wil. Rufus	1087 Septem. 9	12 11 19	554 Septem. 9
Henry 1	1100 August. 1	35 4	11540 August 1
Stephen	1135 Decem. 2	18 11 19	506 Decemb. 2
Henry 2	1154 Octo. 25	34 9	247 Octob. 25
Richard 1	1189 July 6	9 9	251 July 6
John	1199 April. 6	17 7	0442 April 6
Henry 3	1216 Octob. 19	56 1	0425 Octob. 19
Edward 1	1322 Noue. 16	34 8	9371 Nouem. 16
Edward 2	1307 July 7	19 7	6333 July 7
Edward 3	1326 Ianua. 25	50 5	7315 Ianuary 25
Richard 2	1377 June 21	22 3	16264 June 21
Henry 4	1399 Septe. 29	13 6	5242 Septem. 29
Henry 5	1412 March 20	9 5	24229 March 20
Henry 6	1422 August. 31	38 6	18219 August 31
Edward 4	1460 March 4	12 1	8181 March 4
Edward 5	1483 April 9	0 2	18158 April 9
Richard 3	1483 June. 22	2 2	5158 June 22
Henry 7	1485 August. 22	23 8	146 August 22
Henry 8	1509 April. 22	37 10	2132 April 22
Edward 6	1546 Ianua. 28	6 5	1995 Ianuary 28
Mary	1553 July 6	4 22	88 July 6
Elizabeth.	1558 Noue. 17	44 4	83 Nouem. 17
James.	1603 March. 24	22 0	39 March 34

Charles. 1625. Mar. 27. After which, writing 17.yeares.

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The explanation of the former Table.

Note that every King began his raigne, the same time the next precedent King ended his.

If you desir to know how long it is since the beginning of raigne of any King, looke how long it is since the ending of precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the eighth began his raigne, how long he raigned, and also how long since his raigne: find out first his name among all the names of Kings, and searching the row towards the right hand, you shall finde he began his raigne in the year 1509 the 22 of April, & the title of the time that he raigned, is 37 yeares, 10 moneths and 2 dayes: And looking forward in the same rowe, where 132 yeares Apill 22 under the title of since his raigne began.

How to judge what Weather will follow,
by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day. If he rise fiery red, it portueth raine: If in his rising he be thundry overcast with a cloud, it betokeneth soule weather: If Sunne in the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & it miseth away equally, it betokeneth faire weather. Also, if he set red, it signifieth faire weather: If at his setting he be of divers colours, or clouds like water, it threatneth raine. If at the rising the Sunne his beames seeme red, or long, or encompassed with clouds, it signifieth great windes: If at his setting there appear thicke mist, or if it raieth in the evening, it threatneth very soule weather to follow. Also, if the Sunne beares be spotted with greene, pale, or blacke, gathered to a cloud, it signifieth raine: Sun setting cleare without any cloud, signifieth a faire night ensue. If the circle, or circles about the Sun be cleare, & of no circumstance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are heire and there broken, and are thicke and blacke, looke for cold wind or snow: & if he settle behinde a great blacke cloud, raine followeth.

How weather is foreknowne by the Moone.

If the Moone in the third day of her change, or three daies before her full, or in the midis of the quarter, be found of pure light, no-thing encompassing her, the ends direct vp, shee promiseth fayre weather: but bent to red color, pronoketh winds. The Moon pale, somwhat blacke or thicke, threatneth raine. When the Moone five daies olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe paynted and pricking vpwards, great winds. If in the fourth day after her change, she haue a red circle ou her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the Starres appeare of much light, and seeme to be of mox signesse & blazing then ordinary, it betokeneth great windes & storme in that part where they seeme so: and in Winter, greates. When diuine Starres appearre with long fiery tayles, it threatneth winds, and great drought: the moxe in number, the greater will be the effect. Also, when Starres seeme to shooe or fall, it signifieth great winds in that place: If they seeme to shooe in diuers places, it signifieth diuers winds: If in all places, winds, thunder, houning, and most tempestuous weather.

short Instruction, and very necessarie to know the times and seasons when to Sow, and replant all maner of Seedes for the Garden.

Sow Cabbages in Februarie, March, or Aprill, in the Wane of the Moone: and replant them in the Decrease.

Sow Cabbage-Lettuce in Februarie, March, or July, in the Old of the Moone.

Sow Onions & Leakes, in Febrary or March, at the Wane of the Moone.

Sow Beetes in Februarie or March, at a full Moone.

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Sow Coleworts white & greene, in the middle of August or September: Plant the young ones in October, and sett them againe in November.

Sow Darneys in Februarie, Aprill, or June, in a fayre day.

Sow Radish in Februarie, Aprill, or June, in the increase of the Moone.

Sow Pumpions, Colcumpbers, Mellons, and Gourdes, in Februarie, March, or June, in a hotte and fayre day.

Sow Spinage in Februarie or March, in the old of the Moone.

Sow Parsely, Fernell, and Annis-seede, in February or March, at the full of the Moone.

Sow white Cicory in February, March, July, or August, in a new Moone.

Sow Cardus-benedictus in February, March, or May, when Moone is old.

Sow Basill in March, in an old Moone.

Sow Purselaine in February, or March, in the increase of the Moone.

Sow Margeram, Violets, Cime, Flower-gentle, Rosemary, Lavender, in February, March, or Aprill, at the increase of the Moone.

Sow Garden-cresses, and Rocket, in February, at the increase of the Moone.

Sow Savill in February or March, at a new Moone.

Sow Cortander, and Borage, in February or March, at the Moones increase.

Sow Harts-horne, and Samphire, in February, March, or Aprill, at an old Moone.

Sow Gilliflowers, Hearts-ease, and Wall-flowers, in February or April, in an old Moone.

Sow Cardus, and Artichokes, in March or Aprill, when Moone is old.

Sow Chick-weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Hysop and Savery in March, when the Moone is old.

Sow double Marigolds in February or March, at the increase of the Moone.

Sow Larkes-foot, Sparges, and Sperage, in February, an old Moone.

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white Poppy, and Palma Christi in February or March, to the increase of the Moone. In all manner of Corne the Moone increasing, the being in Cancer, Libra, or Aquarius. To sow all kind of Seeds the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those Seeds whose Rootes are round, should be sowne three or four dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officiaall Members of the Body of Man.

Things which are good to comfort the Head.

Ignam-Aloes, Mariorum, Galingale, Huske, Rosemary, Roses, Camomell, Rue, Frankincense, Nutmegs, Mylop, Salme, Spints, Spike, and Gladon.

Things good for the Eyes.

Amell, Aeren, Cloves, Cold water, Celenoine, Cybright, Rose, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloves, Duganum, Coxall, Saffron, Mynces, Wormewood, Olibanum, Agrimony, Fumetory, Maltick, Lignum-Aloes, Spodium, and Coriander prepared.

Things good for the Heart.

Saffron, Cloves, Sinnamon, Mace, Nutmegs, Mariorum, Butter, Buglossie, Rosemary, Mirabolanes, Pearles, Lignum-Aloes, Coxall, Huske, and Seawell.

Things good for the Liver.

Networke, great Ravone, Wormewood, Agrimony, Saffron, Cloves, Endive, Violets, Fennell, Plantain, Dragons, Rosewater, Lettuce, Violets, Sanders.

Things good for the Lungs.

Raisons, Almonds, Dates, Lungwort, Thymenheath, Campanpe, Distaces, and Benedictes.

A Prognostication

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nutes, Meates very hot, Warme drinke, Sweete meates
drynkes, Radish rootes, Hard meates, Bitter meate, Much
urinch Comynge, Leekes, Fette of Fish, Colworts, & Chrysens.

Things hurtfull to the Eyes.

Garlick, Onions, Radish, Drunkennesse, Letherie, Sweete
thicke Wines, Salt meates, Coleworts, all Pulse, Must, Wine,
Dust, Swoake, fire, and reading presently after supper.

Rules of Mensuration.

A Fingers bredth is fourteene comys in thicknes; and an Inch
is three Barly comys in length: A hands bredth fourteene fingers
A span is three hands bredth: A foot is fourteene hands bredth
A Geometriall Mile is five foot: an English Pearch is xvi. foot
A Furlong is a hundred & twenty five pases, or six hundred foot
and five foot: An English Furlong is sixe hundred and threene
foot, or a hundred and thirtie two paces: A League is a thousand
five hundred pases: An Italian Mile is a thousand pases, or
Furlongs: A common German Mile is thirty two Furlongs
English Mile is eight Furlongs: An Acre is fourteene Pearches
length, and fourteene in bredth.

A short Instruction for the Table following.

Note that the first Columnme or Row, containeth the Name
number of Shires, the second of Cities, the third of Bis-
hops, the fourth of Castles, &c. Now goe straight in a line
and you shall easly finde the number Alphabetically, aswell
the English as for the Welsh shires: As for example, Buck-
inghamshire hath no City, no Bishopricke, i.e. Parishes Col-
ege Castles, 185. Parishes, &c.

Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Parishes,
Riuers, Bridges, Chases, Forrests, and Parkes,
conteyned in euery particular Shire
in the Kingdome of England.

Shires.	Castles.	Market- townes.	Bishop- rickes.	Cities.	Parkes.	Forrets.	Chases.	Riuers.	Bridges.	Parishes.
Warke shire.	2	0	1	0	13	12	45	58	14	13
Bedford shire.	0	0	0	0	12	10	5	18	6	12
Buckinghamshir.	11	10	11	10	18	16	0	20	7	17
Cambridge shire.	6	6	6	6	185	163	2	19	6	18
Cheshire.	9	9	8	8	68	161	9	19	7	19
Cornwall.	23	8	8	8	58	106	7	31	20	20
Emberland.	15	4	4	4	15	394	23	33	22	22
Derby shire.	18	6	6	6	248	248	4	29	13	11
Devon shire.	5	4	5	5	62	40	11	20	1	26
Dorset shire.	21	1	1	1	415	21	7	28	0	19
Essex.	20	1	1	1	180	180	12	22	0	2
Gloucester shire.	18	5	5	5	248	18	4	31	0	23
Hamp shire.	18	0	0	0	120	18	0	24	0	23
Hereford shire.	8	0	0	0	176	18	13	11	0	73
Wimington shir.	5	7	1	1	78	8	1	5	0	20
Leicestershire.	17	8	8	8	398	17	6	14	0	33
Leicster shire.	8	6	2	2	36	8	33	24	0	13
Lincolne shire.	11	2	2	2	200	11	1	10	0	13
Middlesex	26	2	0	0	630	26	9	15	1	12
Northampton shi.	3	0	0	0	73	3	1	3	0	4
Nottingham shi.	11	2	2	2	326	11	5	24	0	8
Northumberland	11	0	0	0	168	11	5	17	0	8
Warfolke	26	0	0	0	40	26	22	16	0	0
					660	0	3	15	0	0

A Prognostication.

Shires.	C.	By.	Sh.	M.	T.	C.	Parri.	R.	Br.	Ch.	Fon.	Par.
Oxfordshire	1	1		10		0	208	3	26	0	4	9
Rutland	0	0		2		0	47	0	1	0	0	4
Shropshire	1	0		13		13	170	18	13	0	7	14
Somersetshire	3	2		29		1	385	9	45	0	2	14
Staffordshire	1	1		12		5	130	13	19	1	1	14
Suffolke	0	0		28		1	464	2	32	0	0	4
Sussex	1	1		18		1	312	2	10	0	0	4
Surrie	0	0		7		0	140	1	7	0	1	14
Watwickshire	1	1		12		1	158	7	21	1	0	14
Westmoreland	1	0		4		6	26	8	15	0	2	14
Wiltshire	1	1		21		1	304	5	31	1	9	14
Worcestershire	1	1		7		3	152	5	13	1	2	14
Yorke shire	1	1		46		14	563	36	62	4	8	14
Anglesey.	0	0		3		0	83	8	2	0	0	14
Brecknockshire.	0	0		3		4	70	27	13	0	0	14
Cardigan shire.	0	0		4		0	77	26	9	0	1	14
Carmarthin shire	0	0		6		4	81	20	16	0	1	14
Carnaruan.	0	1		5		3	73	17	6	0	0	14
Denbigh shire.	0	0		3		3	53	24	6	0	0	14
Fliet shire.	0	1		3		4	24	4	2	0	0	14
Glamorgan shire	0	1		7		12	151	36	6	0	0	14
Montgomery shire	0	0		5		3	42	28	6	0	0	14
Monmouth shire	0	0		6		7	142	15	14	1	0	14
Merionith shire	0	0		3		2	34	26	7	0	0	14
Pembroke shire	0	1		6		5	142	6	7	0	2	14
Radnor shire	0	0		4		5	43	13	5	0	0	14

The Contents, Compas, Length, and Breadth of ENGLAND.

Thus much in Miles whole England it contains; 3466
 Thus much in Miles will reach about it round: — 1890
 Her length from Lizard-point to Bawwick-straits — 334
 Twixt Dover, & Holz-head the breadth is found. — 250

White. 1641.

A Table to know how many Howers and
Minutes the Moone shineth every Night
in the Yeare.

The age of the Moone encreasing.	The Hours and Mi- nutes that the shineth.		The age of the Moone decreasing.
	Hours.	Minutes.	
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The Moones morning shinng.

The Moones night shinng.

The vse of this Table.

Take the age of the Moone in the Almanack, then looke the
Same in this Table, which you shall find either in the increasing
or decreasing, and then in the middle Columnme you shall
without further labour find the time of her shinng.

As for Example: Upon the 4 day of January, I would know
how many howers & minutes the Moone shineth: I find in the
Almanack it is New Moone the 1 day at 3 in the after noon, then
reckoning from that time to the 4. I finde she is 3 daies old:
Then entring this Table, it sheweth, she shineth 2 hours and 24
Minutes: So doth she likewise when she is 27 daies old, &c.

Times of Mariage prohibited by our
Church, unless they haue a License.

From Advent Sunday (the 29 of November 1640) to
dayes after Twelue day, beyno the 14 of Januari.

From after Septuagesima Sunday (being the 21 of Februry) till the 2. of May.

From Monday before Ascension day (being the 31. of May) till
Trinitie Sunday, the 20. of June.

The explanation of a new and easie Kalender
following, for this present Yeare, 1641.

Note that every Moneth conteyneth three rowes of
lunes, (the Figures for the number of Dayes excepted)
first Columne toward the left hand conteyneth the Weeke Day
and Sunday Letter. The second, the Signe wherin the Sun
is every day. And the third, the Changes and Quarters of
Moone. Note that Sun being thus O signified doth signifie
new Moone: and placed this O way is the first Quarter: C
the Fall Moone; And againe this C the last Quarter. Note
also, that the Figures over the head of the Moones, doe signifie
the houre of her Changes; and the Letters vnderneath, the
after noone, or after midnight, N. standing for after noonell
Midnight, and M. for after Midnight till Noone.

As for example, Against the 1. day of Januari, being Friday
I do find the Moon in **V** Capricorn and is thus O character
which is the New Moone at 3 of the clock in the after noone.

Againe, on the 21. of Februry being Saturday, I do find
the Moon in **P** Sagittary, and is thus C character, which is
Last Quarter at 6 of the clocke in the morning.

Note also, that at the head of every Moneth is placed the
sing and setting of the Sunne for the middle of every Moneth.
As for example, for the middest of Januari the O. Sunne riseth
at 7 of the clock, and 43 minutes; and setteth at 4 of the clock
and 17 minutes, &c.

It also conteyneth (on the back side of the leafe) for every Mo-
neth, the Holy-dayes, and Feasts, both Mouable and Im-
mouable; with the beginning and ending of every Term: As
Twelveday is on the 6 of Januari, Easter day on the 25. of
Apoll: Whitsunday is on the 13 of June; Term begins on the
23 of Januari, and endeth the 12 of Februry, &c.

partie and easie Kalender for this Yeere

64 i. which being cut out, is fit to be placed
into any *Booke of Accompts, Table-booke, or*
other, conteyning the whole Almanacke, in
a short method; By *John White.*

January.	Febr. 23.	March.	April.	May.	June.	July.	August.
07.43	06.46	05.50	04.51	04.4.	03.47	04.12	05.4.
4.17.	5.14.	6.10.	7.9.	8.56.	8.13.	7.48.	6.56.
w o x	d o g v	b o	e o	g o	g o	c o	c o
w a t e x	e x a t a o	c ii	f o	a m	d m	d m	6
c w 3 f x	f v i b o	d ii	g o	b n p	a t e m	i k m	
w n g v	g v m	e o	a o	a t	c o	g p	
x a v	a v	s ii	a t f o	b n p	d o	d o	
x b o	at b o	e ii	5 g o	3 c m	e m	p a t	
r a t c o	12 c o	at f o	g a d d	d o	m	f m	b v p
r 4 a o	d ii	3 g o	b n p	m e	g p	c v p	at
r d e ii	at e ii	a o	c m	' m	a t	a t	a m
e o o f ii	n f o	m b o	d m	g m	a t	b v p	at e m
d o g o	g o	c m	e o	z	c v p	12 f x	at
ii a o	a o	d m	a t f	at b t	o	o v p	c x m
ii b o	at b o	e o	9 g m	5 c v p	m	e m	at a x
ii a t c o	3 c o	at f o	g a m	d v p	f m	n b v	
g 4 d m	o d m	12 g m	m	b t	n e m	g x	c v
o g e m p	o e m p	o a m	c f	f m	a x	d o	a
c g m i	o	f o	at b f	d v p	g m	b v	
o l g o	g o	n c f	e v p	g m	a x	c v	at f o
e m p a m	a m	at i m	d v p	at b o	4	d v	9 g p
f m b m	b m	6 b m	e v p	7 g m	11 c v	d e o	c a p
g a a c f	a c f	at f v p	c a x	c o v	8	f o	m b g
a m 4 d f	m d f	6 g m	m b x	d v	e v	g p	c o
b m c e f	c e f	e v p	c a m	c x	f o	a p	d o
c m m v p	f v p	n b x	d v	d v	g o	b p	e o a
e f g v p	g v p	g m	c x	e v	a p	c o	at f o
e f a m	a m	a m	d v	f o	b p	12 g m	
f v p b m	b m	b m	i v	g o	at c o	2 e o	c a m
g v p a t c x	c x	at f v	at a o	1 d o	o	f o	at b o
a v p 8	d x	7 g o	11 b p	o e f	ng n p	m	c o
b m o	e v	n a o	c ii	m f o	a m	d m	
c m m	f v	c	o	o	b m	e m	

V. Aries, & Taurus, II. Gemini, & Cancer, & Leo, & Virgo
 Libra, & Scorpio, & Sagittarii, & Capricorne, & Aquarius,
 & Pisces. The O New Moone. The & first Quarter,
 The & Full Moone. The & last Quarter.
 And & the Sunday Letter.

Septem.	Octob.	Noue.	Decem.	The Feasts Moouable and Immoouable: With the Ferme, &
○ 6. 4	○ 7. 3	○ 7. 55	○ 8. 13	January.
5. 56	5. 57	4. 5.	3. 47	New years day 1.
1 f & 1 a w & 1 d & 1	1 g & 1 a b & 1 a c & 1	1 a w & 1 C & 1 o & 1 x	1 g v	Termes end, 1.
2 g & 2 a b & 2 a c & 2	2 g & 2 a b & 2 a c & 2	2 a & 2	2 a & 2	Dog day, beg.
3 a w & 3 C & 3 o & 3 x	3 b v & 3 m & 3 w & 3 g v	3 b & 3	3 b & 3	S. Iaunes Ap.
4 C & 4 w & 4 o & 4 x	4 f & 4 a v & 4 a & 4	4 a & 4	4 a & 4	February.
5 d & 5 w & 5 o & 5 x	5 d & 5 a v & 5 a & 5	5 a & 5	5 a & 5	Purif. of Mary, 2.
6 e & 6 w & 6 o & 6 x	6 e & 6 g v & 6 C & 6	6 e & 6	6 e & 6	Termes end, 12.
7 e & 7 w & 7 o & 7 x	7 f & 7 a v & 7 a & 7	7 f & 7	7 f & 7	S. Mathias, 14.
8 f & 8 w & 8 o & 8 x	8 g & 8 a v & 8 a & 8	8 m & 8	8 m & 8	March.
9 g & 9 w & 9 o & 9 x	9 g & 9 b v & 9 a & 9	9 g & 9	9 g & 9	Shrone Sund. 7.
10 a v & 10 C & 10 o & 10 x	10 f & 10 a & 10 a & 10	10 a & 10	10 a & 10	Anunc. of Mary, 25.
11 b v & 11 d & 11 o & 11 x	11 g & 11 b & 11 a & 11	11 g & 11	11 g & 11	Init. Reg. Car. 27
12 C & 12 w & 12 o & 12 x	12 e & 12 a & 12 a & 12	12 e & 12	12 e & 12	October.
13 d & 13 w & 13 o & 13 x	13 f & 13 a & 13 a & 13	13 f & 13	13 f & 13	Termes begin,
14 e & 14 w & 14 o & 14 x	14 g & 14 b & 14 a & 14	14 g & 14	14 g & 14	Luke Euang.
15 f & 15 w & 15 o & 15 x	15 a & 15 a & 15 a & 15	15 f & 15	15 f & 15	Simon & Jude,
16 g & 16 w & 16 o & 16 x	16 b & 16 a & 16 a & 16	16 e & 16	16 e & 16	Novemba.
17 a & 17 C & 17 o & 17 x	17 C & 17 a & 17 a & 17	17 n & 17	17 n & 17	All Saints,
18 b & 18 w & 18 o & 18 x	18 n & 18 g & 18 a & 18	18 b & 18	18 b & 18	Power trial
19 C & 19 w & 19 o & 19 x	19 e & 19 a & 19 a & 19	19 C & 19	19 C & 19	Nat. of K. C.
20 d & 20 w & 20 o & 20 x	20 f & 20 a & 20 a & 20	20 d & 20	20 d & 20	Advent Sund.
21 e & 21 w & 21 o & 21 x	21 g & 21 a & 21 a & 21	21 e & 21	21 e & 21	Termes end,
22 f & 22 w & 22 o & 22 x	22 a & 22 a & 22 a & 22	22 f & 22	22 f & 22	S. Andrew Ap.
23 g & 23 w & 23 o & 23 x	23 b & 23 a & 23 a & 23	23 4 e & 23	23 4 e & 23	December.
24 a & 24 C & 24 o & 24 x	24 C & 24 o & 24 a & 24	24 f & 24	24 f & 24	S. Tho. Ap.
25 b & 25 w & 25 o & 25 x	25 n & 25 m & 25 g & 25	25 b & 25	25 b & 25	Christmas da.
26 C & 26 w & 26 o & 26 x	26 e & 26 a & 26 a & 26	26 a & 26	26 a & 26	S. Stephen,
27 d & 27 w & 27 o & 27 x	27 f & 27 a & 27 a & 27	27 b & 27	27 b & 27	S. John,
28 e & 28 w & 28 o & 28 x	28 g & 28 a & 28 a & 28	28 4 f & 28	28 4 f & 28	Innocents da.
29 f & 29 w & 29 o & 29 x	29 a & 29 a & 29 a & 29	29 12 x & 29	29 12 x & 29	FINIS
30 g & 30 w & 30 o & 30 x	30 b & 30 a & 30 a & 30	30 e & 30	30 e & 30	
31				